





# SLEEP REVOLUTION CONTINUES AT Yataş Bedding

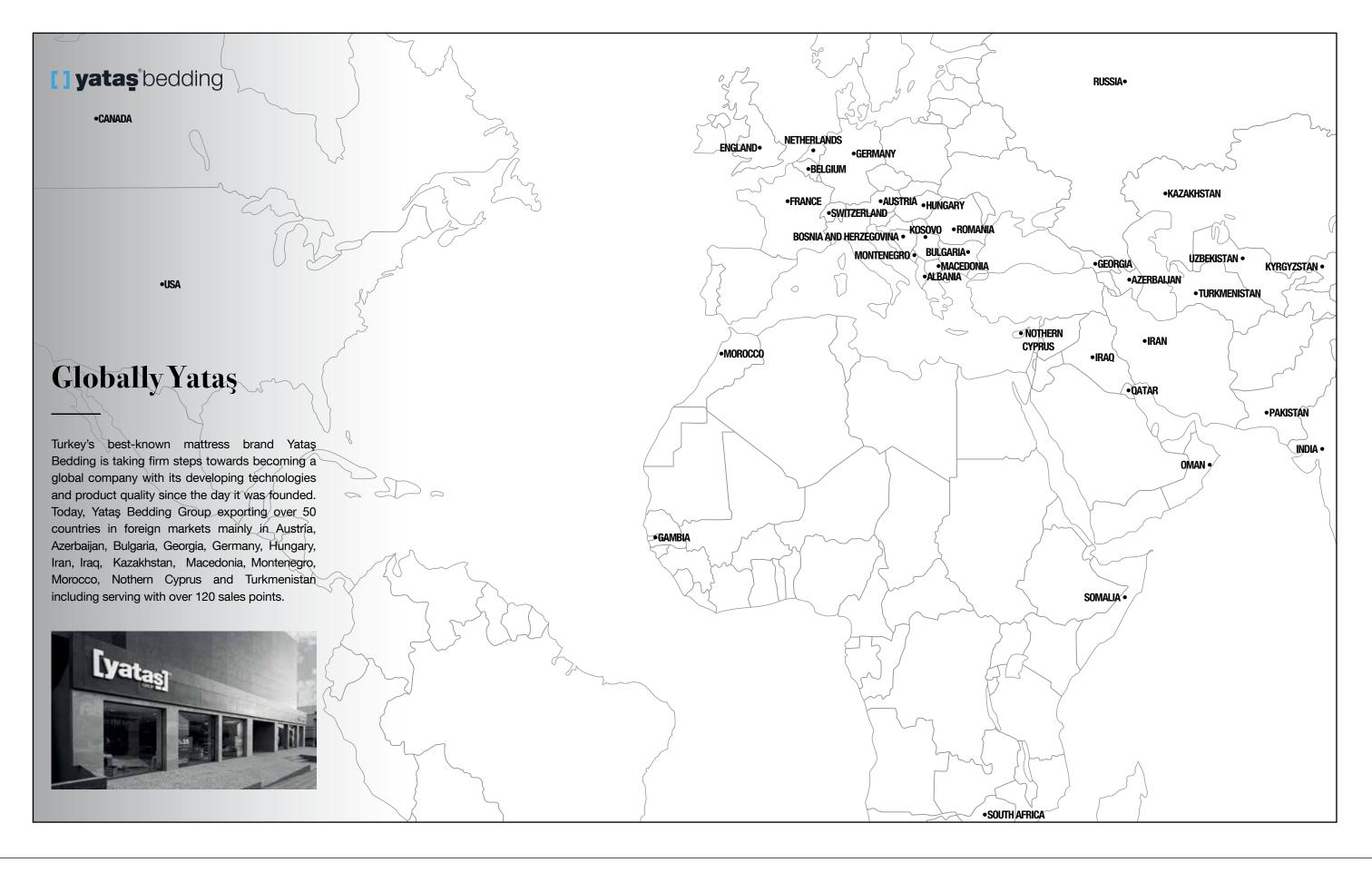
Everyone dreams of a comfortable sleep. Yataş Bedding turns those dreams into reality.

We spend about a third of our live sleeping; the rest depends on how our sleeping hours pass. A peaceful sleep brings with it a happy day.

To have a quality and healthy sleep is not a privilege, but a necessity.
Increasing your quality of life depends on it.
Such a sleep is everyone's right.

Therefore, as Yataş Bedding, we work with care and discipline in the direction of our sense of commitment and responsibility principles that we feel for you, and we develop ourselves constantly. We are pioneering for your convenience by producing new technologies for every age and body type. Everytime we meet you, we take pride in being worthy of your trust.

For a unique sleeping experience millions of people dream of Mattresses, Quilts, Pillows from Yataşşş!











# Yataş Bedding Dealership



# You can have a Yataş Bedding store, too...

Yataş Bedding is Turkey's most recognized and innovative brand in the world of sleep with a transformed and is now seeking new business partners with its revamped merchandising approach.

In contrast to its counterparts, the company offers opportunity for a profitable and enjoyable business at a small investment and cost. You can open a 200-500 square meter Yataş Bedding Bedding Store in a shopping mall or on a busy street to actively sell mattresses, storage beds, headboards and textile products throughout the year.

Don't miss out on the chance for an available Yataş Bedding dealership location for yourself or for an acquaintance. Enjoy the right for secure regional borders, modern store management system, patented and specialized product range without comprise from quality, and a diverse range of product prices.





Find the best mattress for you easily

### **Perfect Mattress Search System**

Unconscious and trial-and-error mattress choices affect sleep quality and human well-being. In order to prevent all these negativities, we have prepared Smart Match Mattress Finding Analysis with algorithms which are the result of detailed researches carried out by Yataş Bedding Sleeping Laboratories. The Smart Match application allows you to easily find the right mattress for yourself by evaluating your specific information and sleeping needs.



### Gender

Even if the height and weight measurements are the same, the body structure, weight distribution and spine patterns of men and women are different. For this reason, although the mattresses are designed as unisex, the most accurate analysis is structured with the knowledge of gender.



### Age

Age changes the need for support of the spine, independently of height, and weight.



### **Sleep Position**

Mattresses have different adaptability according to sleeping position. Therefore, sleep position information is a very important parameter for mattress-body mapping.



### Height-Weight

Stature changes the pressure applied to the mattress. It directly affects the support that the mattress gives to the spine. Weight is an important parameter that determines how much support the mattress should provide for the correct spinal position.



### Pain Area (if any)

The pain felt during sleep decreases the quality of sleep, while the pain felt after sleep reduces the quality of life. To reduce pain, a body-compatible mattress should be selected.

### **Sweating Problem** (if any)

Matresses that absorb moisture from sweating and remove from the body, and dry up quickly and reduce the feeling of wetness, help to increase sleep quality.



### **Allergy Risk** (if any)

If you feel nasal obstruction or pruritus irrespective of the season, you may have dust mite allergy. It is recommended that asthma patients choose mattress that provide protection against dust mites.

After you answer the questions in a complete and correct way, you will be ready to meet with Yataş Bedding sleep with the results that will be sent to your e-mail address.

Visit yatasbedding.com and discover the best mattress options for you with Smart Match.

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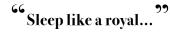
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Hybrid Series / Special Collection

# King Master Hand Made

Yataş Bedding celebrates its craftsmanship of sleeping quality for nearly half a century with the King Master Handmade.

# SKIN FRIENDLY MATTRESSES WITH THE IDEAL PH VALUE

Our skin acts as a layer that balances the effect of environmental factors. This layer consists of sweat, fatty acids and amino acids, and wraps our body like a mantle.

The functional significance of this overcoat that it is acidic. This acidity is measured by the pH value. The ideal balanced pH value for our skin's health is 5,5. This pH value ensures that our skin remains moist and protected against the microbe.

As Yataş Bedding we are doing all the controls on this value which is important for our skin health and we choose our fabrics carefully. In our mattresses we offer you a pleasant sleep as well as skin health.

[] yataş bedding



# King Master Hand Made

Hi-Low spring system of long and short springs in its core and Posturflo HD spring technology consisting of the smallest pocket springs in the world provides excellent support to the spine while providing a better rest by wrapping the body with its natural latex layer. The mattress offers personalized sleep comfort with its support buttons that can be adjusted in different degrees of hardness.



### **Smallest Pocket Springs** in the World!

Posturflo HD

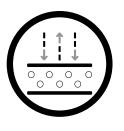
Posturflo HD spring technology consists of the smallest pocket springs that are only 20 mm in height and 33 mm in diameter, and is ultra breathable. Its high elasticity envelopes the body and provides the right support for every pressure point.



### **Personalized Comfort**

Hi-Low

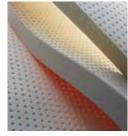
This unique pocketed innerspring system strategically positions coils of varying heights in the same row, maximising product comfort, support and versatility. Initial softness provided by the responsive head of the tall coil is followed by the firmness provided by the compressed tall coil combined with the shorter support coil.



### **Adjustable Firmness Degree**

**Special Appratus** 

With the special apparatus at the bottom of the bed that can be adjusted in 5 different degrees of firmness, it provides a reflux position thanks to the bed height that changes with the firmness degree, as well as obtaining different mattress firmness for couples.



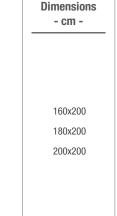
### **Unique Comfort**

**Natural Latex** 

Latex is a unique filling material, in addition to its naturalness. Due to its flexible structure, absorbs excessive pressure and reduces the effect of turning movements during sleep, providing a much more comfortable sleep in fewer positions.







Mattress



KING MASTER

HANDMADE & ADAPTIVE COMFORT



























Please contact our sales points for custom dimensions



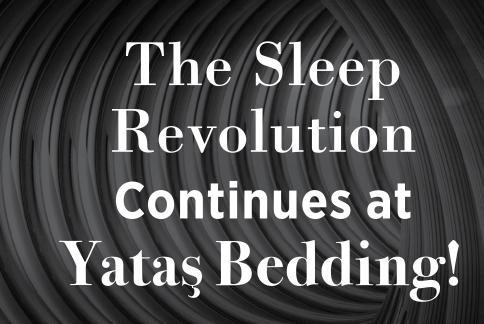




Hybrid Series / Special Collection

# **Smart Track**

Smart Track Mattress, providing the unique surrounding feeling of the Visco technology with the enhanced spring system Memory Coil, offers a sleeping experience that you have never felt before.



Offering new technologies with its expertise in bedding and sleep products, Yataş Bedding continues to revolutionize comfort and quality with its mattresses developed for different needs.

The US technologies used in the best mattresses of the world are now available at Yataş Bedding stores in Turkey as well as in over 50 corporate stores in different countries!

Innovation, superior quality and four new spring technologies resulting from Leggett & Platt and Yataş Bedding partnership. Former is a global leader in innovative technology supply with advanced manufacturing experience and the latter is Turkey's number-one mattress brand.

To top it all, at much more affordable prices than its peers...



featuring Leggett & Plate INNERSPRING TECHNOLOGY

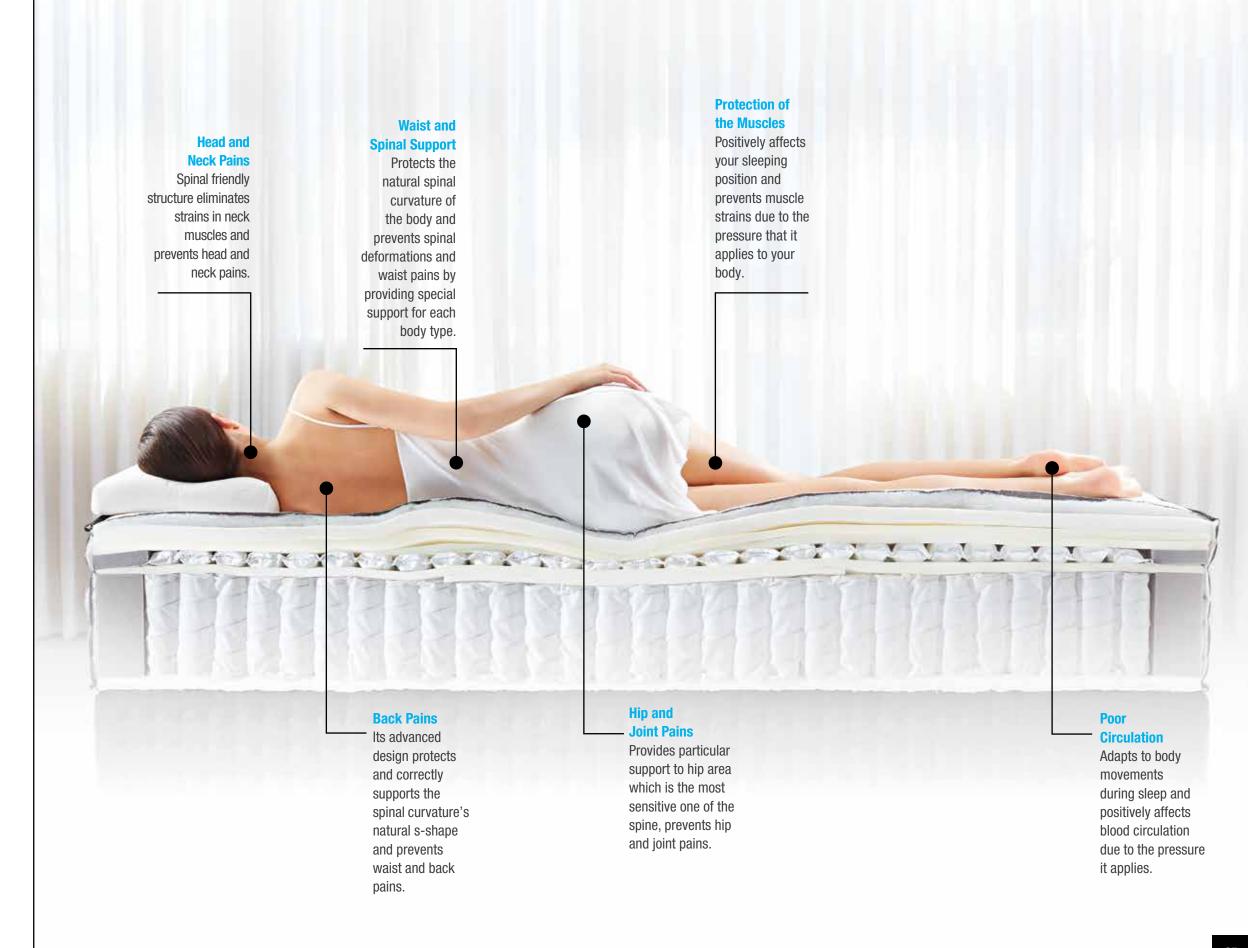


# WHY BUY A HYBRID MATTRESS

Yataş Bedding's HYBRID
SERIES mattresses,
which are composed of
various combinations of
the most advanced spring,
visco, foam, latex, gel
and fabric technologies
which are suitable for all
kinds of body types and
satisfy personal comfort
and needs, provide an
uninterrupted and unique
sleep experience.

If the problem is the mattress, the solution is Yataşşş..







# **Smart Track**

The Memory Coil system in Smart Track Mattress ensures that your mattress is more breathable and prevents unintentional spring movements. Fitting perfectly to the convex regions of the body such as head, neck, waist and hips, responds to body movements instantaneously. Smart Track Mattress provides the same level of comfort to different body types with the utilized pocket spring system.



### **Natural Friend of Your Body**

### **Hybrid Design**

Due to special spring technologies which are used in the Smart Track mattress, less pressure is being applied to tissues and blood circulation is being regulated. Sleep quality tests conducted in Japan reveal that the Smart Track mattress reduces toss and turns at night by 24%.



### **Memory Spring System**

### **Memory Coil**

The first coil system with a "memory", the Memory Coil provides the unique surrounding feel with its enhanced spring systems and ensures that your mattress is more breathable via increased air circulation compared to standard visco



### **Smart Support**

**Pocket Spring Technology** 

Individually packaged and independently functioning springs provide excellent adaptation to different body types and provide accurate spinal support by supporting body folds.



### **Comfortable Technology**

**FWT (Fine Wire Technology)** 

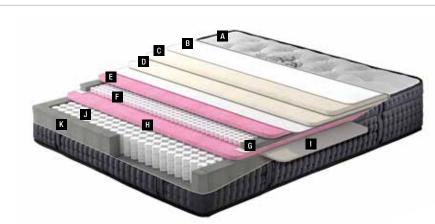
The advantages of narrow diameter and thinner springs turn to perfect comfort thanks to Fine Wire Technology and you get to enjoy the unique comfort of Memory Coil.



### **Thermal Comfort System** Feran Ice®

The Feran Ice® technology providess the optimal micro climate for a better night's sleep and keeps the extra heat, or moisture, away from the sleeping surface and provides a cool sleeping environment.





Mattress **Dimensions** - cm -160x200 180x200 200x200 - Mattress Support Rating -













Feran Ice®

Fine Wire Technology

Please contact our sales points for custom dimensions

MEDIUM MEDIUM-FIRM FIRM





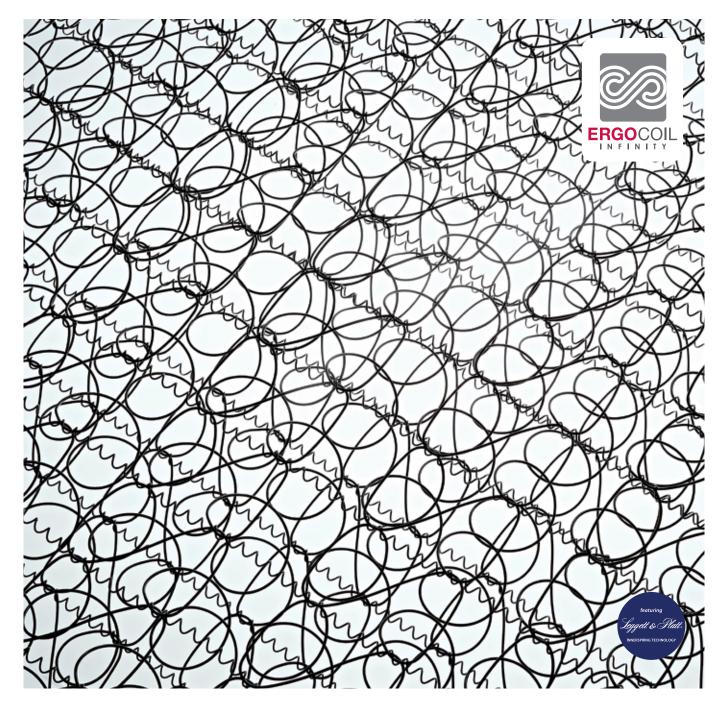
Body movements are restricted with mattresses that do not support the body or that react slowly to movements during sleep. Active Support Technology® is used in the springs of Leggett&Platt, a prominent spring technologies manufacturer, allowing the springs in the mattress to immediately adjust to sleep movements, and support the body for an active and relaxing sleep.

Active Support Technology® balances the moisture and temperature by providing circulation between the springs in the mattress innersprings sleep up to 28% cooler than foam.\*

\*Research conducted by Kansas State University and the Institute of Environmental Research.



American mattress type spring, a silent and infinite comfort 29



Hybrid Series / Special Collection

# **Ergocoil Infinity**

The Ergocoil Infinity mattress, co-developed by Leggett & Platt and Yataş Bedding, provides double coil count and double comfort compared to standard spring systems. With the high comfort of the Ergocoil Infinity mattress, waking up tired will become history!



### Hybrid Series / Special Collection

# **Ergocoil Infinity**

Ergocoil Infinity offers you waist support thanks to the UltraWaist system that has been exclusively designed for Yataş Bedding and private sleeping temperature thanks to the Adaptive<sup>TM</sup> technology. Yataş Bedding's special Ergocoil<sup>TM</sup> infinite spring system supports the spine correctly and prevents waking up feeling tired.



### Shhh

### **Ultra Silent Mattress**

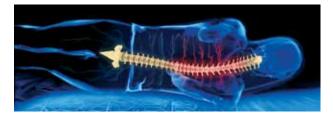
Ergocoil spring system, used in Ergocoil Infinity mattresses, is extremely noise free over after years.



### **Doubled Sleep Quality**

### Ergocoil™

The Ergocoil Infinity mattress increases your sleep comfort dramatically due to high coil count. It offers double the number of springs compared to conventional mattresses and thus much more support. Compared with standard coil shapes, Ergocoil™ provides greater coverage with its continuous wire design. This results in mattress upholstery layers staying where they should – on top of the coils for maximum cushioning and support.



### **Specialized Lower Back Support**

### **UltraWaist Lower Back Support System**

UltraWaist Support system provides support and comfort for the waist and hips, which is the most vulnerable area of the backbone, and offers personalized waist support with its special soft-textured polymers for everyone, no matter what BMI or body type.



# Infinity Springs that Can Withstand 240.000 Impacts

### Ergocoil™

Featuring a unique, cross-laced design, Ergocoil™ provides a more supportive sleep surface by using a single, continuous length of high-performance wire for each row of springs. Tested for durability: no damage after 240.000 impacts.



### **67% Better Humidity Control**

### Adaptive"

In the exact same environment, women may feel cold while men may feel hot. Intelligent material & design award winning Adaptive™ technology mimics the actions of a smart air conditioner by distributing the humidity 67% better and evaporating it at a 25% faster rate. In other words, the Adaptive™ technology offers personalized sleeping temperature.



# Say Goodbye to Fatigue Active Support Technology®

Active Support Technology® of innersprings allows your muscles to relax in a more natural position. The coils adjust instantly to your sleep movements, comforting and supporting your body actively as you dream on.

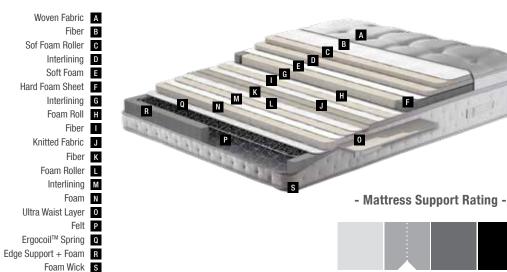


### Clean Sleep Ergocoil™

### Ligocon

The removable box pillow top of Ergocoil Infinity enables you to dry clean your pillow top any time.





Mattress
Dimensions
- cm 
90x200
100x200
120x200
140x200
150x200
160x200
180x200
200x200

















SOFT



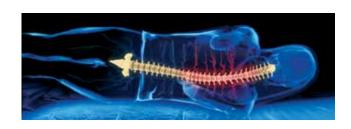
MEDIUM MEDIUM-FIRM

Please contact our sales points for custom dimensions.



# Prestige Prime

The Alpaca wool fabric of the winter surface creates a warm sleeping environment with a soft touch, and the knit fabric of the summer surface, which contains silk fibres has a cooling effect.



### Firm Surface for Lower Back and Back Pain

Monoblock Solid Core Technology

The durable and fully orthopedic Prestige Prime and its Monoblock Solid Core technology provides the best support for the back and the lower back and preserves its form for years.



### **Improved Perimeter** Consistency

Patented Edge™ Support Spring **Technology** 

Provides Full HD mattress comfort with its Edge™ Spring technology that supports the mattress on all four sides. Only at Yataş Bedding. Offers an improved perimeter consistency



### **Cool in Summer, Warm in Winter**

Alpaca Wool - Silk Fabric

The Alpaca wool knitted fabric of winter surface of Prestige Prime matress has an extremely soft touch and is durable. With microscopic size air gaps in its structure, Alpaca wool, by trapping air, keeps warm 7 times more than standart wool. The kint fabric of the summer surface. which contains silk fibres has a cooling effect.

> Mattress **Dimensions** - cm -

> > 90x190

90x200

100x200

120x200

140x190

140x200

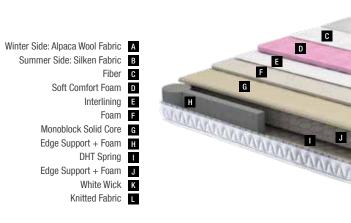
150x190

150x200

160x190

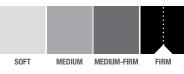
160x200 180x200

200x200





### - Mattress Support Rating -

























Please contact our sales points for custom dimensions.



Hybrid Series / Special Collection

# Prestige Prime

FULL HD Edge<sup>TM</sup> Support Springs provide equally distributed comfort in all four sides of Prestige Prime. Its Monoblock Solid Core technology provides the best support for the back and the lower back and preserves its form for years.



### Hybrid Series / Special Collection

# **Zero Gravity Latex**

Zero Gravity Latex mattress, which can provide special support according to personal body profile thanks to the flexible structure of the natural latex layer obtained from rubber tree sap, offers high sleep comfort in its most natural form by reducing the turns during sleep. Adaptive™ technology provides personal thermal comfort and becomes a private mattress designed for you and you only.



### **Unique Comfort**

Natural Latex

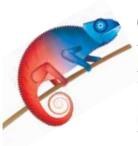
Latex is a unique filling material, in addition to its naturalness. Due to its flexible structure, absorbs excessive pressure and reduces the effect of turning movements during sleep, providing a much more comfortable sleep in fewer positions.



### **Excellent Backbone** Support

7-Zone Pocket Spring

Prevents spouses from being disturbed by turns during sleep, the Zero Gravity Latex mattress with 7-Zone Pocket Spring system provides uninterrupted sleep throughout the night.



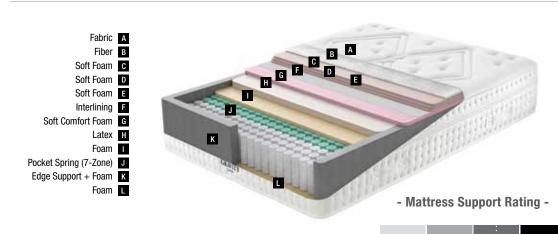
# **67% Better Humidity Control**

Adaptive™ technology is a fabric technology exclusively from Yataş Bedding that provides individual thermal comfort. Smart material and Design award-winning Adaptive™ distributes humidity up to 67% more and evaporates it up to 25% faster, creating a climate effect.



### **Uninterrupted Sleep** Free Zone Technology

Free Zone technology provides uninterrupted sleep throughout the night by preventing spouses from being disturbed by movements of each other.



### - cm -90x190 100x200 120x200 140x190

150x200

160x200

180x200

Mattress **Dimensions** 

200x200

















MEDIUM MEDIUM-FIRM











Please contact our sales points for custom dimensions.

# HOW DOES YOUR MATTRESS AFFECT THE HEALTH OF YOUR SPINE AND QUALITY OF SLEEP?

A correct mattress is essential for a good sleep. Wrong choice of mattress creates pressure on the muscles, nerves and veins, and thus causing lumbar and back pain. It is important to preserve the spine curve of the body during sleep.

# Give due consideration when choosing a mattress!

At Yataş Bedding, each mattress is manufactured with the objective of preventing lumbar and back pains, and protecting the health of your spine. You need to choose the correct mattress for an uninterrupted and sound sleep without turning left and right, or experiencing lumbar and back pain. The first step to getting a quality sleep is to become informed regarding the technologies used on your mattress.

[] yataş bedding



Personalized comfort with the combination of visco foam technology and pocket springs...



Hybrid Series / Special Collection

# Five-Z

The 5-Zone Pocket Spring system features independent springs of varying firmnesses, which adapt to the body types of spouses sleeping on the same mattress and relieve their joint pains.



# Five-Z

The high density, viscoelastic pad that is being used on both sides of the Five-Z mattress incorporates space technology and accelerates blood circulation and prevents waking up feeling tired. The 5-Zone Pocket Spring system in the center of the mattress provides personalized support for five different parts of the body and specially adapts to your body type.



### **Perfect Support for Your Body**

**5-Zone Pocket Spring System** 

The 5-Zone Pocket Spring system features independent springs of varying firmnesses, which adapt to the body types of spouses sleeping on the same mattress and relieve their joint pains.



### **Memory Foam**

Visco Elastic Pad

The 60 DNS visco elastic padding used on both surfaces of the Five-Z mattress, manufactured with space technology, speeds up circulation.



### **Health Benefits of Pure Wool**

Woolmark®

Woolmark®, 100% natural and the purest wool in the world breathes, relaxes the heart rate and



### **Uninterrupted Sleep**

**Double-sided Use** 

The Five-Z mattress may be used double-sided. This way, you can enjoy high-quality sleep for years!

Mattress

- cm -

80x200

90x190

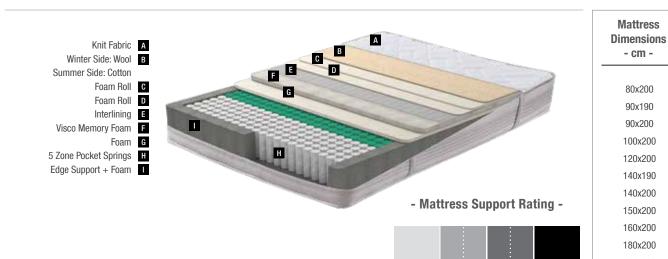
90x200

100x200

120x200

140x190 140x200

150x200 160x200 180x200 200x200























MEDIUM MEDIUM-FIRM







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# Specialist Opinion

# **DEFINITION OF QUALITY SLEEP**



"The definition of insomnia and sleep disorder can vary from person to person, the most common case we face is having difficulties at falling asleep. Staying asleep after having falling asleep is another form of sleep disorder. Stress and sleep disorders are diseases of the new age and they decreases the quality of life and cause many diseases."

Uninterrupted and regular sleep, which are very important for our health, affect our comfort and standard of living the next day. In particular, these conditions affect overweight patients with respiratory disorders such as asthma and copd or disorders such as hypertension, coronary failure. It is important that patients with this type of disorders should have a proper mattress and pillow to ensure a smooth and comfortable sleep. In addition, we recommend patients with neck complaints, such as cervical disc hernia and reflux to pay strict attention to the correct selection of mattress and pillow and patients with allergies should select antiallergic mattresses and pillows.

The selection of mattresses and pillows is becoming more important as generally we sleep away one-third of our lives. Therefore, we emphasize and advise all our patients paying attention to mattress and pillow selection.



### Maximum cool feeling thanks to Copper Cool Technology 29



Hybrid Series / Special Collection

### Cool & Wool

The 5-Zone Pocket Spring system features independent springs of varying firmnesses, which adapt to the body types of couples sleeping on the same mattress and relieve their joint pains.



Copper Cool technology, developed on the basis of the characteristics of the copper element, reduces the time of falling asleep by allowing the body temperature to be distributed to the mattress surface with the copper powders in it. Thus, it offers a relaxing and comfortable sleep experience. Combining Yataş Bedding's experience in mattress production with technology and innovation, Cool & Wool mattress helps to reduce sweating thanks to its special design and refreshing fabric effect. The natural Woolmark wool on its other surface provides you a warm and healthy sleep environment during the winter months.



### **Perfect Support for Your Body**

5-Zone Pocket Spring System

The 5-Zone Pocket Spring system features independent springs of varying firmnesses, which adapt to the body types of spouses sleeping on the same mattress and relieve their joint pains.



# Yataş Bedding Exclusive Cooling Technology

**Copper Cool Technology** 

Developed based on the natural properties of the copper element, Copper Cool Technology helps to reduce sweating by allowing body heat to disperse on the mattress surface with the copper molecules it contains. It helps shortening the time to fall asleep. As a result of this, offers a more relaxing and comfortable sleeping experience.



# Variable Zone Body Suspension System

 $VZS^{\text{TM}}$ 

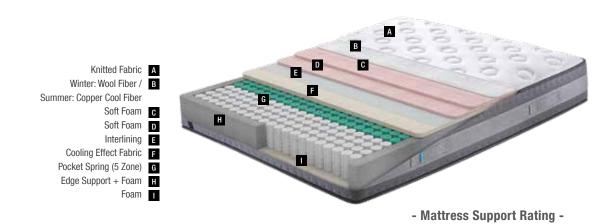
The Double Decker-Mattress's variable zone body suspension system provides high-comfort and proper body support. It applies less pressure at convex points such as shoulders, basins and joints and thus allows you to feel less fatigue.

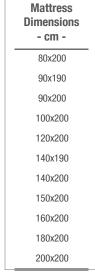


### Health Benefits of Pure Wool

Woolmark®

Woolmark®, 100% natural and the purest wool in the world, breathes, relaxes the heart rate and regulates body temperature.

























MEDIUM-FIRM





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NEW



# DOES QUALITY Stop back pain with increased spine support "2"

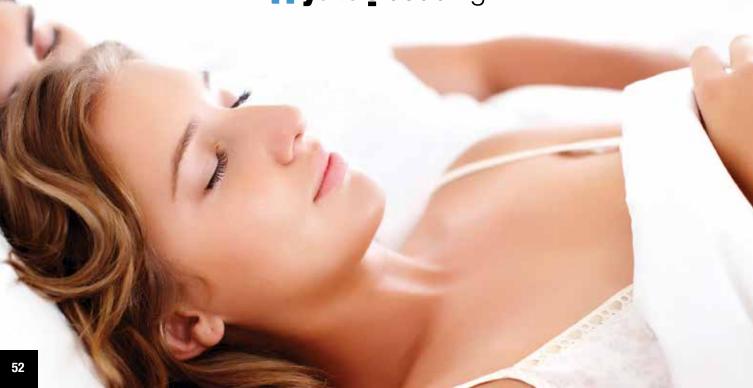
WHY DOES QUALITY OF SLEEP MATTER?

Quality of sleep is vital to remain relaxed physically and mentally during the day. Frequently interrupted sleep or incomplete sleep without getting a rest causes adverse effects such as tiredness, lack of concentration, stress and labor loss. Sleeplessness poses a threat to your immune and repair system especially when it becomes chronic. It increases the risk of infection and various illnesses. A good sleep improves the quality of your life. The body repairs itself most effectively during sleep and provides the opportunity to recover from the physical, mental and emotional stress of the day. If you pay attention, you will see that we feel irritable, ill-tempered or tepid when we go to bed late or do not get enough sleep for a couple of days consecutively. Good and regular sleep is necessary for a healthy emotional growth.

### **How Long Should a Good Sleep Last?**

A healthy adult needs between seven and nine hours of good quality sleep a night. This duration may change, depending on our diet or the day's circumstances. The body would require more time to rest following a busy day of physical and mental activity. Malnutrition or a heavy diet takes away from the quality of our sleep, whereas nutritional meals will help our body recover faster and feel more energetic.







Selective Series / Innovative Technologies

# Orthopedic Support

Right support with a special Pocket Spring Technology developed for those, who want a hard mattress!

# Orthopedic Support

Orthopedic Support mattress, specially developed with Yataş Bedding's Propocket 2.1<sup>TM</sup> spring technology to provide the most accurate support for your back and waist area, is ideal for those, who prefer a hard mattress. Orthopedic Support, which has a harder and stronger mattress surface thanks to the special spring system of Propocket 2.1<sup>TM</sup>, provides the right support by wrapping your body better. While the surface of the mattress hardens, the orthopedic structure does not deteriorate.



### Special Propocket 2.1™ Spring System for Hard Mattress Seekers

ProPocket 2.1™ springs are new generation, reinforced pocket springs. ProPocket 2.1™ springs, developed by increasing the wire thickness by almost 9%, are longer lasting and durable as well as being harder without losing the comfort of the bed. In this way, the mattress provides a strong support by fully wrapping the whole body and a perfect sleeping surface is provided with high comfort.



# Maximum Pressure Distribution

**Pillow Top** 

Orthopedic Support facilitates maximum pressure distribution with a comfort-improving sleeping pad and offers extra relaxation.



### **High Comfort**

### Variable Zoning System

The variable-zone body suspension system of Orpedic Support mattress offers high comfort while providing proper support for your body. It causes less pressure at the convex points such as the shoulder, bases and joints, and most importantly prevents you from feeling tired.



### **Health Benefits of Pure Wool**

**Woolmark®** 

Woolmark®, 100% natural and the purest wool in the world breathes, relaxes the heart rate and regulates body temperature.



















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54

**ORTHOPEDIC** 

SUPPORT

# LYING POSITIONS

AND IMPACTS ON THE BODY



Medicana Çamlıca Hospita Physical Therapy and Rehabilitation Specialist

**Prof. Dr. Tunç Alp KALYON** 

"It is imperative that a proper lying position has to be taken for the spinal cord which gets tired during the day and to relax the muscles."

The spine, which provides the basic support of our body, consists of 33 bones arranged on top of each other. Among the vertebrae are cartilage cushions called "discs", and in between the discs is a gel-like core. The spinal cord is a nervous tissue that goes down to the waistline just after it leaves the brain. From there, 31 pairs of nerves come out to the right and left, and all this system is protected by the spine. Once these nerves have departed from the backbone, they are distributed to the arms, legs, or body and fulfil the functions of the senses and movements of the area they go to.

Not everyone has an ideal lying position. For example, some people sleep comfortably on the back position. This position is not preferred by couples especially because it increases the risk of snoring despite relieving the spine.

In the freefall position, on the other hand, there may be inconveniences such as pressure in the chest and abdominal cavities in addition to stretching the neck and waist spine. The most recommended lying positio is side-position in accordance with the structure of the letter "S" of the spine. In this position the arms and legs should not be shrinking fully. The back and arms should be bent and the knees should be pulled slightly toward the abdomen. In particular, we recommend those who suffer from lower back and neck problems and pregnant women to lie in this position and avoid from the supine position. In addition to all these, the use of non-light curtains, with the average temperature of the bedroom being 21-22 degrees, will also facilitate a good quality and restful sleep.

Hard & Soft offers two different hardness on the same mattress surface 22



Selective Series / Innovative Technologies

# Hard&Soft

The Hard&Soft Mattress, which offers in two different firmness level on the same sleeping surface...

# Hard&Soft

Developed to meet the need of the partners who seek different comfort on the same mattress surface exclusively with its design, Hard & Soft mattress offers a perfect example of the innovative design approach. It creates a suitable and comfortable sleeping environment which takes form according to different sleep habits of the partners by providing the opportunity of soft and hard comfort on a single surface.



### **Smart Support**

Pocket Spring Technology

Individually packaged and mobile springs perfectly adapt to different body types and provide the correct back support by supporting the curves of the body.



# Two Different Comforts on the Same Sleeping Surface

Hard & Soft

It creates the most suitable and comfortable sleeping environment for different sleeping positions by shaping according to different sleeping habits allowing the use of soft surface on one side and hard surface on the other side.



### **Uninterrupted Sleep**

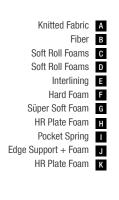
FreeZone Technology

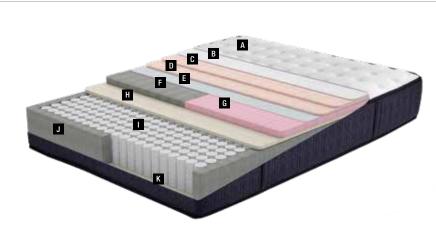
Prevents spouses from being disturbed by turns during sleep, FreeZone technology provides uninterrupted sleep throughout the night.



### A Comfortable Sleep with Aloe Vera Aloe Vera

Aloe Vera is a plant that protects the skin's elasticity and freshness. The Aloe Vera containing mattress fabric helps the body to relax.





# 150x200 160x200 180x200 200x200

Mattress Dimensions







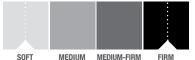












Please contact our sales points for custom dimensions



# MAGNETIC SLEEP **REVOLUTION WITH** YATAŞ BEDDING TESLA SLEEP **MATTRESS**

Every living or inanimate being has a magnetic field, weak or strong. Human beings also need the ideal magnetic field to keep their lives healthy.

How does the magnetic field affect sleep quality?

If functions well, the magnetic energy-sensitive "pineal gland" in the brain will secrete the melatonin hormone, which regulates sleep rhythm, relaxes muscles and strengthens the immune system. The magnetic field improves blood circulation by acting on iron oxides in the blood and increases sleep quality.

[] yataş bedding

Your sleep quality is expanding!



Selective Series / Innovative Technologies

# Tesla Sleep

Meet ISMOB 2016 Design Award-winning Tesla technology with magnetic field capability and increase your sleep quality.



### Selective Series / Innovative Technologies

# Tesla Sleep

International test results show that, woven with magnetic yarns, Tesla Sleep mattress with Tesla technology, increases sleep efficiency by 98% and REM sleep by 11%. Thanks to the pocket springs, which move independently, it provides high comfort while providing proper support for your body. Featuring a cool sleeping environment with Feran Ice® technology, the Tesla Sleep mattress also features Free Zone technology that prevents spouses from being affected by their turn. Moreover, it offers high comfort sleep with No-turn technology that does not need to turn the mattress.



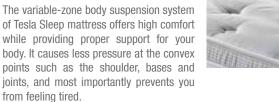
**Quality Sleep** Tesla Technology

Tesla technology is available in the special fabric of Tesla Sleep mattress knit with magnetic yarns that show magnet characteristics. The magnetic energy-sensitive "pineal gland" in the brain will secrete the melatonin hormone, which regulates sleep rhythm, relaxes muscles and strengthens the immune system. In addition, the magnetic field improves blood circulation by acting on iron oxides in the blood. It has been scientifically proven through tests in a sleep laboratory in Japan that Tesla technology improves sleep quality through magnetic field.



**High Comfort Variable Zoning System** 

The variable-zone body suspension system of Tesla Sleep mattress offers high comfort while providing proper support for your body. It causes less pressure at the convex





The viscose fibres produced by passing through the special processes of the woods obtained from certified forests are turned into varn and fabric respectively. With their natural structure of cellulose, silky soft touch and high moisture absorption ability, viscose fibres are used in conjunction with the world's most luxurious fibres.



Feran Ice®

**Smart Support Pocket Spring Technology** 

Individually packaged and independently functioning springs provide excellent adaptation to different body types and provide accurate spinal support by supporting body folds. It also offers uninterrupted sleep thanks to Free Zone technology, which prevents you from being influenced by your partner's turning movements.



Please contact our sales points for custom dimensions



Tesla Sleep

# Athletic

Athletic mattress absorbs the energy emitted from the human body to the environment and returns it to the tissues in a form that the body can use. Fabric regulates body temperature and improves blood circulation by increasing the oxygen-carrying capacity in the tissues. Technology helps to repair muscle tissues and ease minor aches in the body.







**REDUCES JOINT** PAIN



### Start Your Day Fresh, Feel the Energy!

### Fabric that Increases Oxygen Level in Blood

Athletic Mattress, which absorbs the energy emitted from the human body to the environment and returns it to the tissues in a form that the body can re-use, improves blood circulation while regulating body temperature by increasing the amount of subcutaneous oxygen.



### **Same Comfort for Years**

### **DHT Spring Technology**

The Athletic mattress preserves its form for years thanks to Yatas Bedding-exclusive DHT Spring technology made up of double heat treated steel springs.







Mattress





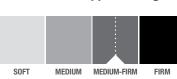












Please contact our sales points for custom dimensions.

Turkey's first and unique... Energize while you sleep...

Selective Series / Innovative Hybrid Technologies





Selective Series / Innovative Technologies

# Supreme Pedic

Supreme Pedic Mattress, which maintains its first day's form for many years thanks to the contemporary sleeping technologies used in its design, maximizes sleep comfort.



# FAST MOISTURE MANAGEMENT ON YOUR MATTRESS

High heat that is created during sleep causes uncomfortable sleep. Heated body sweats out the heat. Feran Ice® technology helps the mattress stay dry and provides a cool sleeping environment by quickly vaporizing the moisture that is created on the fabric of the mattress due to sweating. With a soft and flexible feel it gives to the fabric of the mattress, Feran Ice® is promising more than the sleep you are accustomed to.

[] yataş bedding

# Supreme Pedic

Supporting body's natural spine curve throughout sleep with its DHT spring system specially developed for Yataş Bedding, Supreme Pedic mattress provides extra comfort thanks to its special comfort pad. The breathing structure of natural bamboo fibres in its fabric creates a healthy and clean sleeping environment.



### **Comfort from Nature**

It provides a cool and comfortable sleep in hot months thanks to its non-sweaty, light and breathable, natural antibacterial and cooling-feeling fabric.



### **Same Comfort for Years**

**DHT Spring Technology** 

The Yataş Bedding exclusive DHT spring system keeps your mattress in its original shape for many years, even only one side of the mattress is being used. Successful results were obtained from height loss and deformation and shape loss tests measured in compliance with results from international durability tests.



### **Cool Comfort Cotton Effect**

Cotton with moisturizing effect that keeps cool, balances body temperature.



### **Extra Comfort**

Pillow Top

Supreme Pedic facilitates maximum pressure distribution with a comfortimproving sleeping pad and offers extra relaxation.

> Mattress **Dimensions** - cm -

> > 90x190

90x200

100x200

120x200

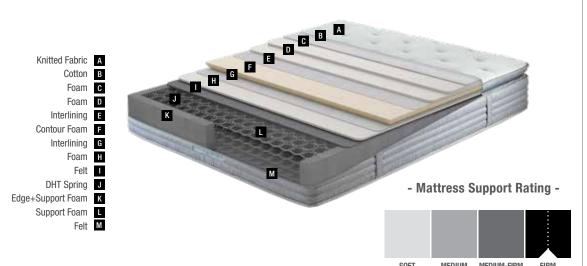
140x190

140x200

150x200

160x200

180x200





















## Specialist Opinion

# OF INSOMNIA ON HEART HEALTH



Medicana Çamlıca Hospital Cardiology Specialist Assoc. Prof. Dr. Murat YALCIN

"Poor quality sleep causes coronary failure, hypertension and cardiac arrhythmia symptoms to increase. For this reason, a good quality sleep is important for cardiovascular diseases i.e. disorders of heart and veins."

Some of the hormones secreted at night during a good quality sleep are like sighs of relief for our cardiovascular diseases. The cardiovascular system which approximately works one hundred thousand times a day relaxes relatively at night. Thanks to these hormones, our heart rate slows down at night with the help of sleep, and our blood pressure values are reduced. allowing the cardiovascular system to lighten its burden. Poor quality of sleep or insomnia causes the heart rate and blood pressure during sleep at night to increase what may lead to cardiovascular diseases. One of these diseases is heart attack which usually occurs towards morning and is closely related to insomnia. Another cardiovascular disease is paralysis. While it is expected to decrease throughout the night, high blood pressure due to insomnia may invoke paralysis. Therefore, hormones secreted during a good quality sleep may protect against cardiovascular diseases.

In particular, disruptive rhythm disorders may occur when a sleepless night is spent after an intense day of work stress and fatigue. These are mostly rhythm disorders called extrasystoles, which occur mostly in form of stuttering heart attacks. Patients feel the deviancy in their heartbeat after a sleepless night other than a normal night. Therefore, a body that wakes up well rested and relaxed will be more at ease in terms of arrhythmia.



A fresh start to the day... 29



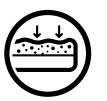
Selective Series / Innovative Technologies

## Supreme Sleep

Open-cell visco sponge of Supreme Sleep Mattress helps the muscles to rest and renew themselves by accelerating blood circulation, allows you to make a fresh start to the day.

## Supreme Sleep

Supreme Sleep mattress while creating a healthy and clean sleeping environment by preventing formation of bad odours thanksto its Fresche technology, it provides supreme sleep comfort by supporting the body's natural spine curve with its DHT springs specific to Yataş Bedding. In addition, high technology visco layer in the mattress, it provides body support and comfortable sleep.



#### **Perfect Visco Technology**

Visco Elastic Memory Foam

Open cell visco foam and helps preserve the natural curve of the spine. It wraps around your body perfectly and reduces involuntary turning and tossing movements during sleep.



#### **Same Comfort for Years**

**DHT Spring Technology** 

The Yataş Bedding exclusive DHT spring system keeps your mattress in its original shape for many years, even only one side of the mattress is being used. Successful results were obtained from height loss and deformation and shape loss tests measured in compliance with results from international durability tests.

Mattress Dimensions - cm -

90x190

90x200

100x200

120x200

140x190

140x200

150x200

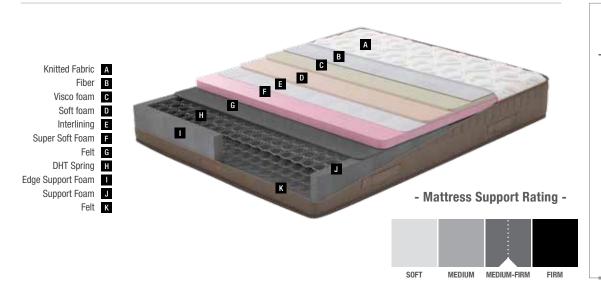
160x200 180x200



#### **Active Hygiene Management**

Fresche<sup>®</sup>

A completely safe and eco-friendly hygiene system, Fresche® technology provides an effective solution to pathogens such as dust mites, bacteria, mold and fungi.





SUPREME SLEEP

**VISCO COMFORT** 











Please contact our sales points for custom dimensions.

NEW

## Specialist Opinion

## **INSOMNIA**



Medicana Çamlıca Hospital Neurology Specialist Spec. Dr. Selda ÖZSAHİN

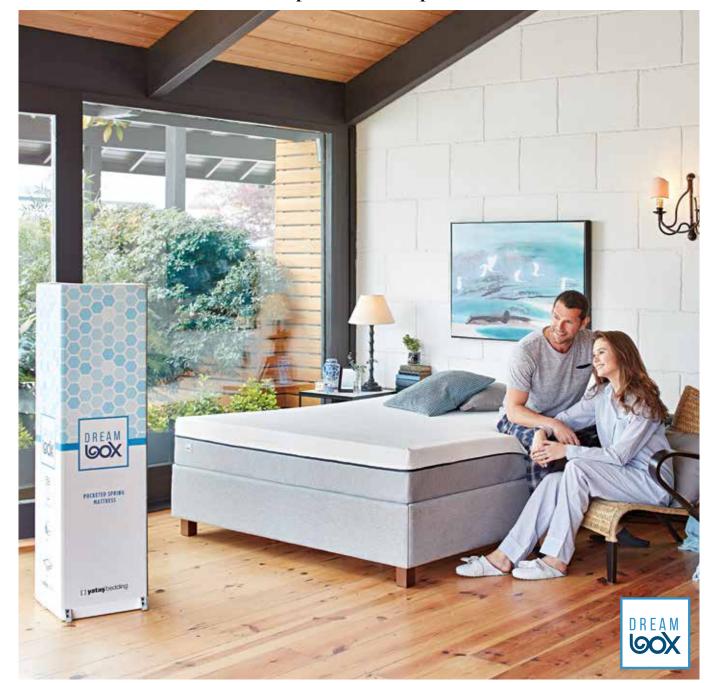
"50% of people suffer from insomnia at some point in their lives. For these people, insomnia has a meaning beyond being unable to sleep, leading to failure in psycho-social and occupational areas, thus greatly reducing quality of life."

In acute sleep disturbances ranging from 1 to 3 days, depending on change of place and medical conditions, a person may have gotten stressed or experienced an emotional trauma. In this case, the treatment is carried out by detecting the wrong behaviour and overcoming the fear of being conditioned "I can not sleep". For sleep disturbances continuing more than a few days, a neurologist should be consulted. Since chronic sleep disorders that last more than 3 weeks are related largely to psychiatric causes, the underlying problem should be investigated very well. If a person's biological clock does not match the sleep time, a long period of sleep disturbance may occur.

Alcohol, caffeine, smoking, stimulant use, a medical chronic or painful disease, and such neurological disorders as Alzheimer's, Parkinson's, stroke can also cause long-term sleep disturbances. In such cases, it is not possible to resolve the sleeping problem unless the underlying problem is corrected first and the appropriate treatment method is used. In addition to these treatments, one can get rid of long-term insomnia and sleep disturbances by paying attention to sleep hygiene and consulting a medical specialist.



## <sup>66</sup>Open, Roll, Sleep. <sup>99</sup>



Selective Series / Innovative Technologies

## **Dream Box**

The Dream Box represents the optimal mattress for everyone, offering personalized comfort by providing support for different body types and sleeping positions with its Pocket Spring system.



You can easily take your mattress out of its box.



You can easily cut the covering packaging with the cutter provided in the box.



You can roll your mattress effortlessly from end to end.



The mattress inflates and takes it real form. All you have to do is enjoy a nice sleep experience.

#### Selective Series / Innovative Technologies

## **Dream Box**

Dream Box is produced from smart materials of the future. Dream Box can easily be carried in its box and quickly prepared. Apart from being practical, it applies less pressure to your head-shoulder area and spinal curvature thanks to its Pocket Spring System, which is applicable to all types of bodies. In addition, the removable cover and award-winning fabric keeps your mattress clean for years to come.



#### For A Sound Sleep, Well-Rested Body...

**Active Support Technology®** 

Specially processed new generation springs of the mattress protect the natural spinal curvature of the body and the mattress applies correct amount of pressure on nerves and veins and allows you wake up to the day very well rested.



### **Smart Support**

**Pocket Spring Technology** 

Individually packaged and mobile springs perfectly adapt to different body types and provide the correct back support by supporting the curves of the body.



#### Idyllic Sleep Every Day!

Removable - Washable Cover

Provides a hygienic sleep environment thanks to its removable and washable cover.





- cm -

90x200

140x200 160x200

180x200













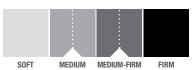












Please contact our sales points for custom dimensions.

Selective Series / Innovative Technologies

Armoni Up

#### Selective Series / Innovative Technologies

## Armoni Up

Armoni Up can easily be carried in its box and quickly be prepared. Thanks to its pocket springs, which move independently, it adapts perfectly to your body, provides high comfort and proper support for your body while providing a hygienic sleep environment with its removable and washable pad.



#### The Perfect Support Of Your Body

**Pocket Spring System** 

The pocket spring system, adapts to the body structures of the couples -regardless of how much each of them weigh- lying on the same mattress and stops joint pains thanks to its independently functioning springs with different firmness levels.



#### **High Comfort**

Variable Zoning System

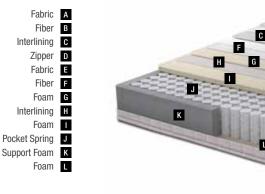
The variable-zone body suspension system of Armoni Up mattress offers high comfort while providing proper support for your body. It causes less pressure at the convex points such as the shoulder, bases and joints, and most importantly prevents you from feeling tired.



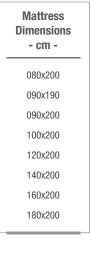
#### **Active Hygiene Management**

Fresche®

A completely safe and eco-friendly hygiene system, Fresche® technology provides an effective solution to pathogens such as dust mites, bacteria, mold and fungi. Providing longterm hygiene throughout the lifespan of the mattress, the Fresche® technology reduces the risk of dust mite allergies and prevents the formation of bacteria related bad odours.

































MEDIUM MEDIUM-FIRM FIRM

Please contact our sales points for custom dimensions.



## Armoni

Armoni can easily be carried in its box and quickly be prepared. Its Pocket Spring system provides independent support for different parts of the body and Free-Zone technology prevents the involuntary movements of your partner during sleep. Thank to its No-turn technology that relieves you from turning the mattress offers comfortable sleep.



#### The Perfect Support Of Your Body

**Pocket Spring System** 

The pocket spring system, adapts to the body structures of the couples -regardless of how much each of them weigh- lying on the same mattress and stops joint pains thanks to its independently functioning springs with different firmness levels.



#### **High Comfort**

**Variable Zoning System** 

The variable-zone body suspension system of Armoni mattress offers high comfort while providing proper support for your body. It causes less pressure at the convex points such as the shoulder, bases and joints, and most importantly prevents you from feeling tired.

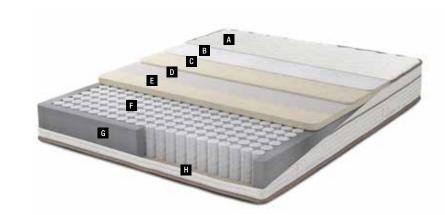


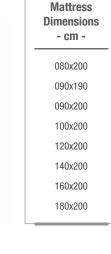
#### **Soft Touch**

**Knit Fabric** 

The ultra-flexible knitted fabric provides a comfortable sleep with its soft texture while adding elegance to the mattress.

















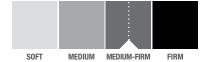








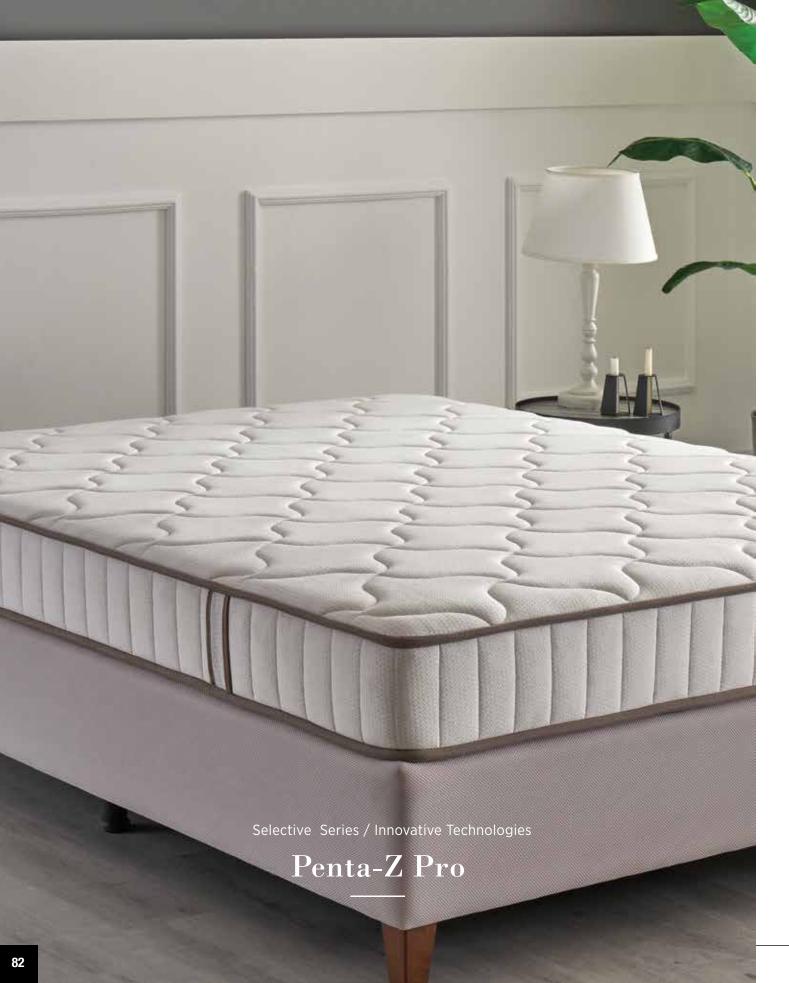
- Mattress Support Rating -



Please contact our sales points for custom dimensions.

Selective Series / Innovative Technologies

Armoni



#### Selective Series / Innovative Technologies

## Penta-Z Pro

Penta-Z Pro can easily be carried in its box and quickly be prepared. Apart from being practical, its individually packed 5 zoned springs respond perfectly to varying body weight and provides high-comfort and proper body support.



#### The Perfect Support Of Your Body

**Pocket Spring System** 

The pocket spring system, adapts to the body structures of the couples -regardless of how much each of them weigh- lying on the same mattress and stops joint pains thanks to its independently functioning springs with different firmness levels.



#### **High Comfort**

**Variable Zoning System** 

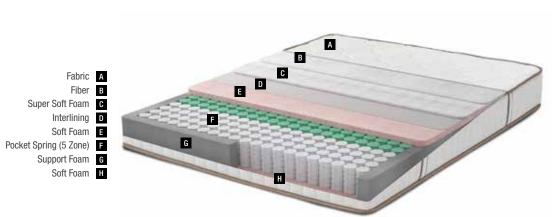
The variable-zone body suspension system of Penta-Z Pro mattress offers high comfort while providing proper support for your body. It causes less pressure at the convex points such as the shoulder, bases and joints, and most importantly prevents you from feeling tired.

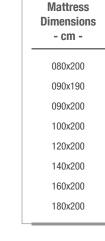


#### **Perfect Support for Your Body**

5-Zone Pocket Spring System

The 5-Zone Pocket Spring system features independent springs of varying firmnesses, which adapt to the body types of spouses sleeping on the same mattress and relieve their joint pains.















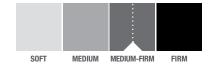








- Mattress Support Rating -



Please contact our sales points for custom dimensions



#### Selective Series / Innovative Technologies

## Penta-Z

Penta-Z can easily be carried in its box and quickly be prepared. The 5-Zone spring system of the Penta-Z mattress offers a healthier sleep by providing extra support for the five sensitive areas on your body. Thanks to the Free Zone technology, it prevents you from being affected by your partner's movements.



#### **The Perfect Support Of Your Body**

**Pocket Spring System** 

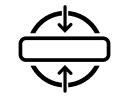
The pocket spring system, adapts to the body structures of the couples -regardless of how much each of them weigh- lying on the same mattress and stops joint pains thanks to its independently functioning springs with different firmness levels.



#### **Perfect Support for Your Body**

5-Zone Pocket Spring System

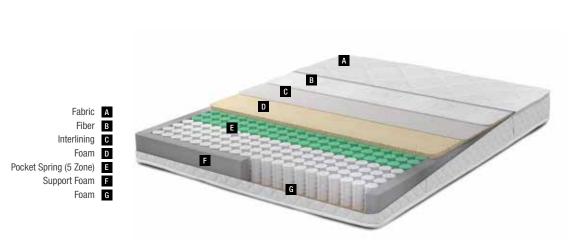
The 5-Zone Pocket Spring system features independent springs of varying firmnesses, which adapt to the body types of spouses sleeping on the same mattress and relieve their joint pains.



#### **Uninterrupted Sleep**

**Double-Sided Use** 

The Penta-Z mattress may be used doublesided. This way, you can enjoy high-quality sleep for years!



Mattress **Dimensions** - cm -080x200 090x190 090x200 100x200 120x200 140x200 160x200 180x200











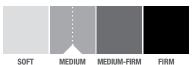












Please contact our sales points for custom dimensions.



#### Visco, Latex and Foam Technologies

## For the ones who seek for a qualified sleep...

Pure Touch Series visco mattresses produced with open cell manufacturing technology are extra sensitive to body temperature and pressure. Visco mattresses are also utilized in medical treatments due to the perfect support they provide to body's natural curve. Furthermore, they maintain the quality of sleep at the utmost level. They are ideal for an uninterrupted sleep, thanks to a structure that prevents partner disturbance during sleep.

## ARE YOU ONE OF THOSE WHO GETS CHILLED OR PERSPIRES DURING SLEEP?

Which ever you are, Adaptive<sup>™</sup> technology provides specific thermal comfort for you. Intelligent material & design award winning Adaptive<sup>™</sup> technology mimics the actions of a smart air conditioner by distributing the humidity 67% better and evaporating it at a 25% faster rate. Thanks to its smart material with high humidity management, it turns your mattress special to you during sleep.

Adaptive™ Technology has won Interzum Material & Design Award.





## [] yataş bedding



Ideal mattress choice for those who want to experience Visco comfort: Visco Optimum Support



Pure Touch Series / Visco, Latex and Foam Technologies

## Visco Optimum Support

Manufactured with Yataş Bedding proprietary open cell technology, adverse affects or perspiration seen on standard visco mattresses due to environment temperature are not experienced in Visco Optimum Support mattresses.

## Visco Optimum Support

With high technology visco layer, Visco Optimum Support recovers its shape rapidly and responds to the body movements in ideal speed. Visco Optimum Support mattress's ideal layer alignment supports the body from every point and creates a supreme comfort level. With award winning Adaptive technology, it offers personal thermal comfort while with its washable fabric, you are free to clean your mattress whenever you like.



#### Yataş Bedding Quality

Yataş Bedding's visco mattresses are produced using open cell visco foam and helps preserve the natural curve of the spine. It wraps around your body perfectly and reduces involuntary turning and tossing movements during sleep.





#### **High Comfort**

Variable Zoning Technology

The variable-zone body suspension system of Visco Ultimate Support mattress offers high comfort while providing proper support for your body. It helps you feel less pressure and fatigue at the convex points such as the shoulder, bases and joints.

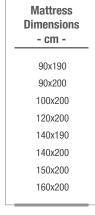


#### **67% Better Humidity Control**

in the exact same environment, women may feel cold while men may feel hot. Intelligent material & design award winning Adaptive<sup>™</sup> technology mimics the actions of a smart air conditioner by distributing the humidity 67% better and evaporating it at a 25% faster rate. In other words, the Adaptive™ technology offers personalized sleeping temperature.































Please contact our sales points for custom dimensions.

# THE BIRTH OF A NEW AGE EUCALYPTUS TREE EXTRACT

Tencel® is a natural cellulosic lift obtained from the eucalyptus tree extracts. It gives a cool and refreshing feeling to the sleeping environment. In short, Tencel® fabrics are as soft as silk, they are as cool as linen, and at the same time they have high durability.

With the experiments made, it has been proven that 65% of the moisture is rapidly removed from the body.

#### What are the advantages of Tencel®?

- Provides moisture management.
- It is completely breathable and remains dry.
- Tencel® regulates body heat balance and maintains skin moisture balance.
- It is suitable for sensitive skin.
- It is made from smooth fibre and soft touch.
- Helps to increase the comfort of sleep.
- It is renewed with nature.



## Completely different sleeping comfort beyond ordinary visco foams! 29



Pure Touch Series / Visco, Latex and Foam Technologies

## Visco Ultimate Support

Yataş Bedding's new mattress that is built with exclusive open cell technology and high density visco elastic memory foam, Visco Ultimate Support Mattress is offering a highly supportive and comfortable sleeping experience.

TENCEL

## Visco Ultimate Support

The ideal arrangement of layers in the mattress Visco Ultimate Support produced with Yataş Bedding's open cell visco foam technology creates a supreme level of comfort by supporting the body everywhere. Thanks to the awardwinning Tencel technology in its fabric provides superior moisture management and balances body warmth. Tencel's soft touch will leave a smooth feel on the skin. Removable and washable fabric helps you clean your mattress when you want. Furthermore, it provides a supremely comfortable sleeping experience for years to come with No-turn technology that removes the need to turn the mattress around.



#### **Yataş Bedding Quality**

Yataş Bedding's visco mattresses are produced using open cell visco foam and helps preserve the natural curve of the spine. It wraps around your body perfectly and reduces involuntary turning and tossing movements during sleep. At the same time, Yataş Bedding mattress produced with open cell visco foam technology provides a spacious sleeping environment thanks to its high air permeability.





#### **High Comfort**

Variable Zoning Technology

The variable-zone body suspension system of Visco Ultimate Support mattress offers high comfort while providing proper support for your body. It helps you feel less pressure and fatigue at the convex points such as the shoulder, bases and joints.



#### **Superior Moisture Control**

**Tencel®** 

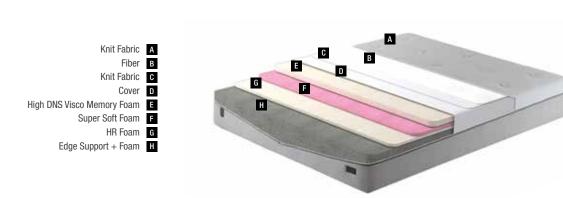
Tencel® fibers are obtained from eucalyptus trees, with its superior moisture management, it helps to balance body temperature. The soft touch of Tencel® gives your mattress a smooth, silky feel.



#### A Clean Sleep...

Removable Cover

The Visco Ultimate Support mattress offers a clean sleeping environment with its removable and washable cover.



#### **Dimensions** - cm -80x200 90x190 90x200 100x200 120x200 140x190 150x200 160x200 180x200

**Mattress** 











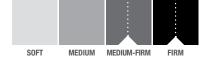








- Mattress Support Rating -



Please contact our sales points for custom dimensions

## Give your guests a comfortable sleep experience



#### Guest Bed

## **Compact Guest Bed**

With its ergonomic design which can be set up and folded easily and stored without covering space in its own bag, the Compact Guest Bed offers smart solutions to various needs.

#### Guest Bed

## **Compact Guest Bed**

The Compact Guest Bed provides your overnight guests a quality sleep experience with its unique comfort. In addition to being a mattress pad, you can use it either on the floor, on the armchair, or as a camping bed. Moreover, it can be converted into a queen sized mattress with a second Compact Guest Bed thanks to the combinable slide fastener design.









Easy to carry in a special zip-around Gets ready quickly and practically.

Can be converted into queen sized mattress thanks to the combinable slide fastener feature

Your guest experience a nice sleep thanks to its usability on different level surfaces.



#### **Supreme Comfort**

HR Foam

Compact Guest Bed is manufactured with supreme comfort special HR foam that can respond to body movements very quickly. Due to its high air permeability, the continuously breathing HR sponge prevents problems such as malodour and perspiration.



#### **Healthy and Hygienic**

**Washable Bamboo Fabric** 

Compact Guest Bed is washing machine-safe thanks to the bamboo fabric with the zip-around cover and therefore be used as clean as on its first day. The organic and natural bamboo fabric provides sleep temperature suitable for every season due to its dehumidifying feature.



#### Ease of Use

Foldable, Incapacious, Portable

Compact Guest Bed, is easily foldable and can be stored in its own bag thanks to its soft and light HR foam. It is incapacious when not in use. The chic bag enables the mattress to be carried with ease during travels and fits easily into car trunks.







**Mattress Dimensions** - cm -

80x200





# HEALTH THAT COMES WITH PURE WOOL...

Wool is the most ideal choice because it is natural, recyclable, environmentally friendly, durable and soft.

Woolmark®, one of the biggest wool manufacturers in the world, provides 100% natural and pure wools used in Yataş mattresses, which are available only at Yataş for a comfortable, luxurious and calm night's sleep.



[] yataş bedding

An indispensable Yataş Bedding Classic, Blue Star... 29



Classic Series / DHT Spring Technologies

## Blue Star

Blue Star promises a restful sleep in the comfort of pure wool, relaxing the heart rate and increasing the quality of sleep with its Woolmark® wadding.

## Blue Star

The Blue Star mattress, preserves the natural curve of the backbone with high density foam layers and the DHT Spring system. The summer side features moisturizing cotton fabric, while the winter side features warm, 100% Woolmark® wool.



## **Same Comfort for Years**

Yataş Bedding-Exclusive DHT Spring Technology

The Blue Star mattress, featuring the DHT spring technology with Yataş Bedding-Exclusive, double heat-treated steel springs, defies wear for years.



#### **Health Benefits of Pure Wool**

Woolmark®

Woolmark®, 100% natural and the purest wool in the world, breathes, relaxes the heart rate and regulates body temperature.



#### **Specialized Summer and Winter Comfort**

**Wool and Cotton Effect** 

The Blue Star mattress features cooling, moisturizing cotton on the summer side and warm Woolmark® on the winter side, and balances body



#### Mattress **Dimensions** - cm -

80x190 80x200 90x190/200 100x200 120x200 140x190/200 150x190/200 160x190/200

> 180x200 200x200















Woolmark®









## Specialist Opinion

## CHOICE OF MATTRESS & PILLOW



Medicana Çamlıca Hospita Physical Therapy and Rehabilitation Specialist

**Prof. Dr. Tunç Alp KALYON** 

"The choice of the wrong mattress and pillow will cause the natural curve in the waist and neck areas to deteriorate and invites spinal diseases."

While a proper mattress helps to preserve the body's natural backbone, a wrongly selected mattress causes pressure on the muscles, nerves and veins, causing waist and back pain.

A good mattress should support the waist, back, head, neck and knee areas. The excessively stiffness of your mattress causes the formation of gaps between the body and the mattress, while the soft mattresses do not support the areas where the body is pressed. This causes some incarceration on the blood circulation and the brain is stimulated for blood circulation.

Therefore, you turn right and left many times during the night and cannot pass to deep sleep. When buying a mattress, firmness, softness and comfort of the mattress should be decided by lying on the mattress.

The material used in the mattress, the quality of the fabric on the exterior and the spring system used are very important.

Before making a decision, this information should absolutely be obtained about the mattress that is desired to be purchased.

The mattress should also protect the body heat. In order to prevent sweating and cold, attention should be paid to the technologies in the mattress or the summer-winter use characteristics.

For a comfortable and sound sleep choosing the ideal pillow is also very important. Lying without pillows is not good for neck health and sleeping on very thick pillows is also inconvenient.

Pillows that do not force the natural curve of the neck spine and that support it are the most convenient.

Natural and refreshing sleep experience for four seasons 22



Classic Series / DHT Spring Technologies

## **Dream Line**

Dream Line promises a restful sleep with the comfort of pure wool and Aloe Vera.

## **Dream Line**

Dream Line mattress keeps your mattress as good as new for years to come due to DHT Spring system. On the winter side, Woolmark balances body temperature and heartbeat with its wool content, while the natural cotton layer used on the summer side creates a refreshing effect. Thanks to the Aloe Vera in the fabric, it preserves the freshness and elasticity of the skin.



#### **Specialized Summer** and Winter Comfort

**Wool and Cotton Effect** 

Dream Line mattress features cooling, moisturizing cotton on the summer side and warm Woolmark® on the winter side, and balances body temperature.



#### **Same Comfort for Years**

**DHT Spring Technology** 

The Yataş Bedding exclusive DHT spring system keeps your mattress in its original shape for many years, even only one side of the mattress is being used. Successful results were obtained from height loss and deformation and shape loss tests measured in compliance with results from international durability tests.



#### **Health Benefits of Pure Wool**

Woolmark®

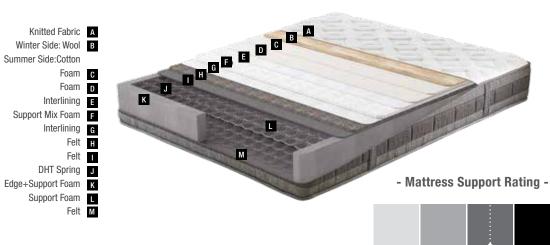
Woolmark®, 100% natural and the purest wool in the world, breathes, relaxes the heart rate and regulates body temperature.

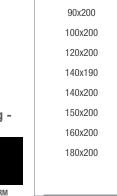


#### A Comfortable Sleep With Aloe Vera

Aloe Vera

Aloe Vera is a plant that protects the skin's elasticity and freshness. The Aloe Vera containing mattress fabric helps the body to





Mattress **Dimensions** 

- cm -

90x190



















Please contact our sales points for custom dimensions.

**DREAM**LINE

## Specialist Opinion

## LINK BETWEEN **SLEEP AND DIABETES**



Internal Medicine Specialist Spec. Dr. Memduh CAYMAZ

"More than 70% of diabetics have sleep problems. Diabetics suffer under following emerging syndromes: snoring, sweating, excessive urination at night, waking up with dryness in the mouth, feeling tired when waking up, and daytime sleepiness."

Diabetes is a common condition and its frequency is dramatically rising all over the world. According to a study conducted in the 2000's the frequency of diabetes in Turkey was around 7%; another study in early 2010's revealed that it was around 13%. This big number means an increase of almost 100%. Diabetes keeps snowballing all over the world. Studies have shown that sleep problems are more common among diabetic patients. Almost one in three diabetic patients has sleep problems. Diabetes itself can directly lead to sleep problems, and patients urinate excessively at night due to high levels of blood sugar.

Another concept is diabetic neuropathy; The high level of blood sugar among diabetic patients causes damages and devastation to the neural crest. Therefore, patients may feel burning, aches and pains in their feet at night. Also diabetics suffer from problems such as heart conditions, strokes more frequently and in parallel with that sleep problems arise.

## Specialist Opinion

## **CONNECTION BETWEEN SLEEP AND DIET**



Dietician Rd. Yavuz CELİK

"Even though our sleep pattern is determined by a genetic clock, environmental and biological factors also have a significant impact on the duration and quality of sleep. In particular, excessive and high-calorie food consumption, malnutrition, lack of movement during the day and depression are factors that reduce sleep quality."

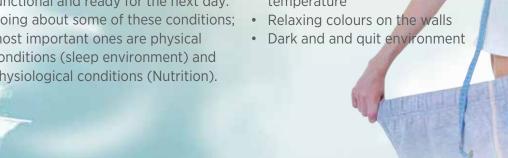
Sleep is an important vital physiological requirement, just as vital as nutrition or breathing is. For this reason, sleep should be seen as an important determinant of health, affecting the quality and comfort of the individual.

Sleep can be defined as the period of time when the individual is not active, his physical activities end and his/her body needs to rest. This period of time lasts 7-8 hours, but it may exceed 10 hours according to age group.

Adequate sleep quality, environment and conditions are essential for our body to be more vigorous and functional and ready for the next day. Going about some of these conditions: most important ones are physical conditions (sleep environment) and physiological conditions (Nutrition).

Examining nutrition in detail; selecting quantities and qualities of food that covers the needs of the individual would be our first pick, followed by foods which are easy to digest and methods of cooking of these foods and approximately 3-5 hours before sleeping the food consumption should be ended which is the necessary time needed for the foods to be digested. When the physical conditions are met:

- A warm shower if possible
- Clean mattress, flat sheet, duvet covers, pillows etc., relaxing pattern and colour selections
- Mattress selection
- Well ventilated room with optimal temperature



Classic Series / DHT Spring Technologies

## Silver Therapy

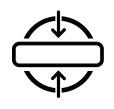
The Silver Therapy mattress, featuring the Silver Ion technology, prevents the formation of unpleasant odors with the silver ions in its fabric. The Silver Therapy mattress preserves its form for years thanks to Yataş Bedding-Exclusive DHT Spring system made up of double heat treated steel springs and highcomfort filling material. It is the right choice for those looking for an affordable and long-lasting mattress.



#### **Same Comfort for Years**

#### Yataş Bedding-Exclusive DHT Spring Technology

The Silver Therapy mattress preserves its form for years with Yataş Bedding-Exclusive DHT Spring technology made up of double heat treated steel springs and high-comfort filling



#### **Uninterrupted Sleep**

**Double-Sided Use** 

The Silver Therapy mattress may be used double-sided. This way, you can enjoy highquality sleep for years!



#### Say Goodbye to Unpleasant **Odors**

Silver Ion Technology

The Silver Therapy mattresses, featuring the Silver Ion technology, prevents the formation of unpleasant odors with the silver ions in its fabric, and offers you a clean night's sleep.



#### - cm -80x200 90x190 90x200 100x200 120x200 140x190 150x200 160x200 180x200

Mattress **Dimensions** 











- Mattress Support Rating -



Please contact our sales points for custom dimensions

Classic Series / DHT Spring Technologies

## Sleep Balance

DHT spring technology developed by Yataş Bedding with steel spring production experience for more than 30 years also provides strong backbone support and prevents your mattress from losing height and deformation. It is up to you to enjoy sleeping in the same comfort for many years.



#### **Prolong the Life of Your Mattress**

**DHT Spring Technology** 

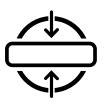
The Yataş Bedding-Exclusive DHT Spring system preserves the volume of your mattress from day one, even when used single-sided. The mattress has passed international endurance testing on volume loss and deformation.



#### **Soft Touch**

Knit Fabric

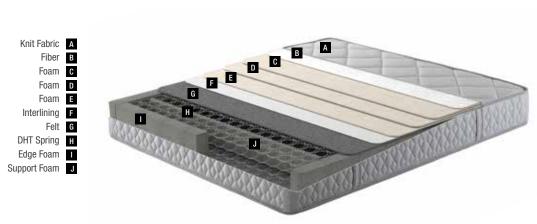
The ultra-flexible knitted fabric provides a comfortable sleep with its soft texture while adding elegance to the mattress.



#### **Uninterrupted Sleep**

**Double-Sided Use** 

The Sleep Balance mattress may be used double-sided. This way, you can enjoy high-quality sleep for years!



90x190
90x200
100x200
120x200
140x190
140x200
150x200
160x200
180x200

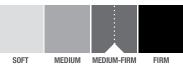
- Mattress Support Rating -











Please contact our sales points for custom dimensions.



#### Classic Series / DHT Spring Technologies

## Summer Bed

Adaptive technology which has been awarded for its smart materials and design, ensures the ideal temperature for sleep, while humidifying cotton in its structure creates a refreshing effect. In this way, it eliminates interruptions during sleeping due to high temperature and sweating, especially in summer, while sanitized technology prevents bad odours that may occur in the bed and keeps the bed clean for years. It maintains its form for many years with its design that supports waist and spine and has highly durable structure.



#### **Same Comfort For Many Years to Come**

**DHT Spring Technology** 

The Yataş Bedding exclusive DHT spring system keeps your mattress in its original shape for many years, even only one side of the mattress is being used. Successful results were obtained from height loss and deformation and shape loss tests measured in compliance with results from international durability tests.



## **67% Better Humidity Control**

In the exact same environment, women may feel cold while men may feel hot. Adaptive has received an award for intelligent material & design technology, and mimics the actions of a smart air conditioner by distributing the humidity 67% more and evaporating it at a 25% faster rate. In other words, Adaptive™ technology offers personalized sleeping temperature.

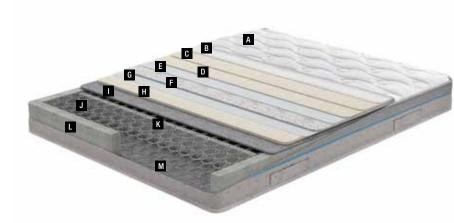


#### **Clean Mattresses**

Sanitized®

The Sanitized® technology puts an end to unpleasant odors in the mattress, and keeps your mattress clean for years.













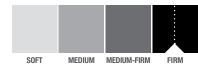












Please contact our sales points for custom dimensions.





#### **FOAMY SERIES** | COTTONY BABY MATTRESS

For the sensitive skin of babies; non-allergenic products should be selected and mattresses that are suitable for the baby's age should be preferred. Cottony Baby Mattress provides a hygienic environment thanks to its washable fabric and has two different mattress surfaces, which support the development of the spine according to your baby's age thanks to its inner structure consisting of cotton and Support\* foam.





Hygienic Sleep Surface Suitable for Your Baby's Sensitive Skin Structure!

























#### **ANTI-ALLERGIC COTTON WADDING**

Cottony has an allergy-non-allergy cotton wattle surface for babies' sensitive skin.



#### **HYGIENIC SLEEP ENVIRONMENT**

Cottony provides a hygienic sleep environment with its washable cover



#### AGE SPECIFIC DIFFERENT SLEEPING SURFACES

One side of the Cottony mattress is designed for 0-2 year-olds, and the other side for 3-6 year-olds.



#### **SPRINGY SERIES** DREAMY BABY MATTRESS

Dreamy, a mattress that accompanies your baby's sweet dreams, and does not interrupt your baby's sleep... Dreamy is a mattress with high-quality inner materials which parents are looking for their babies. It includes the Milky fabric, which regulates the sensitive moisture level of the baby skin and allows the skin to breathe. Also the DHT spring system, that supports the spine and the microfit mattress protector with the waterproof membrane technology are part of the Dreamy mattress.





Milky Fabric's Comfort, Which is Manufactured By Milk Fiber, Soothes the Skin of Your Baby









-15 cm









**COMFORT OF MILKY FABRIC** 

Milky fabric, that lets the skin breath.



#### WATER-PROOF TECHNOLOGY

Dreamy has a microfit mattress protector with waterproof membrane technology



#### INTERNATIONAL LGA CERTIFICATE

It has an LGA ergonomics certificate issued only to products with high safety and quality standards in Germany.



#### **SPRINGY SERIES** MINIPO BABY MATTRESS

Featuring an ideal mattress height, the Minipo mattress provides support for different weight points of your baby's body thanks to its Mini Pocket spring system, each consisting of separately packed springs. Minipo has two different surfaces that provide age-specific use, with its special spring system and membrane undersheet, its quality will make the little ones comfortable...





Compatible with Your Baby's Movements with Mini Pocket Springs!





-10 cm

~10 cm Mattress height





















#### **IDEAL SUPPORT WITH** MINI POCKET SPRINGS

The special pocket spring system, in which the springs work independently of each other, provides ideal support to different weight points of the body with the Mini Pocket.



#### WATER-PROOF TECHNOLOGY

Minipo has a microfit mattress protector with waterproof membrane technology.



#### AGE SPECIFIC DIFFERENT **SLEEPING SURFACES**

One side of the Minipo mattress is designed for 0-2 year olds, and the other side is 3-6 year olds.



#### **SPRINGY SERIES** BABY BLUE STAR BABY MATTRESS

Baby Blue Star, a special baby mattress made of durable and high quality materials... Being an ideal mattress and helping your baby have a nice sleep, Baby Blue Star mattress protects the natural spinal curve thanks to its DHT spring system; its cottony summer-side keeps your baby cool, while its winter-side keeps your baby warm thanks to the natural Woolmark® wool.





Suitable For Both. Summer and Winter With Its Two Different Cotton and Wool Surfaces

















#### ROBUST DHT SPRING

It is a spring system developed by Yataş Bedding, which is heat treated twice and has high durability.



#### **SUITABLE BOTH FOR SUMMER AND WINTER**

Baby Blue Star gives warmth on the winter side with Woolmark® wool and provides coolness on the summer side.



#### **WOOLMARK® WOOL QUALITY**

The world-famous Woolmark® balances your baby's body temperature with 100% wool quality.



#### **SPRINGY SERIES** MILKY COMFY DHT BABY MATTRESS

Milky Comfy DHT offers your baby maximum comfort with its spring system and the natural Milky fabric made from milk fibers. With its breathable outer fabric and DHT spring system that provides the accurate spine support for many years, Milky Comfy DHT turns sleeping for babies into pure joy. Moreover, it provides a highly hygienic environment thanks to its washable cover.





#### **Babies Can Breath Easily** Even while Lying Face Down. Thanks To Its Breathable Fabric!























#### **COMFORT OF MILKY FABRIC**

membrane fabric on the inside of the mattress

Milky fabric, that lets the skin breath.



#### **HYGIENIC SLEEP ENVIRONMENT**

Milky Comfy DHT provides a hygienic sleep environment with its washable pad.



#### INTERNATIONAL LGA CERTIFICATE

It has an LGA Ergonomics certificate issued only to products with high safety and quality standards in Germany.



#### **SPRINGY SERIES** MILKY COMFY POCKET BABY MATTRESS

A baby mattress made of quality materials carefully selected for your baby; Milky Comfy Pocket... With natural Milky fabric made of milk fiber, it allows your baby's skin to breathe comfortably and adjusts the level of moisture. The pocket spring system provides support to different weight points of the body while also offering a comfortable sleep for your baby.





High Standards That Suits To Your Baby's Safety and

Physiology

















Pocket spring







**COMFORT OF MILKY FABRIC** 

Milky fabric, that lets the skin breath.



#### **HYGIENIC SLEEP ENVIRONMENT**

Milky Comfy Pocket provides a hygienic sleep environment with its washable pad.



#### **IDEAL SUPPORT WITH POCKET SPRINGS**

The special pocket spring system, in which the springs work independently of each other, provides ideal support to different weight points of the body.



Air permeability makes it easier for your baby to breathe,

even when lying face down.



#### **PURE SERIES** COTTONIA BABY MATTRESS

As one of Yataş Bedding mattresses made of natural materials that are beneficial for babies' health, Cottonia is made of coir and cotton. With moisture-resistant and breathable coir and cotton grown without hazardous substances, Cottonia offers a healthy and natural sleep environment that is also safe for your baby's sensitive skin, and puts your mind at ease.





The Most
Natural Form of Sleep
with Cotton and Coir



















Environmental and human health conscious hotmelt agglutination technology



**THE COMFORT OF COCONUT**Moisture-resistant coir will help your baby sleep more comfortably.







**THE FRESHNESS OF COTTON FOR BABIES**Babies get a refreshing and healthy sleep thanks to breathable and eco-friendly cotton.



#### **PURE SERIES** ORGANICA BABY MATTRESS

As one of Yataş Bedding mattresses made of natural materials that are beneficial for babies' health, Organica is made of coir, cotton, latex, and wool. With coir, which provides proper spinal support; cotton; air-permeable Latex; and Woolmark®-certified natural wool, Organica is an ideal mattress for your baby to get a quality and perfect sleep just the way you want them to.





High-Quality Sleep with Natural Materials and Proper Spinal Support!





















Hygienic thanks to its washable cover

#### THE COMFORT OF COCONUT

Natural moisture-resistant coir will help your baby sleep more comfortably.



#### **FLEXIBLE LATEX**

Flexible latex adapts to the shape of your baby's body and supports your baby roperly.



#### ANTIALLERGENIC COTTON WADDING

Organica has anti-allergenic and eco-friendly cotton wadding.



#### **PURE SERIES** | COPOLA BABY MATTRESS

As one of Yataş Bedding mattresses made of natural materials that are beneficial for babies' health, Copola is an ideal mattress for parents who want the best for their babies, with moisture-resistant coir, air-permeable latex, and Mini Pocket springs, which support a greater number of body parts.





The Best Materials
Are Combined for
Healthy Sleep!













its washable cover





### IDEAL SUPPORT WITH MINI POCKET SPRINGS

Mini Pocket, a special spring system consisting of independent springs, provides support for different pressure points of the body.



#### **BREATHABLE COIR**

With its breathable and moisture-resistant natural structure, coir offers a natural and healthy sleep to your baby.



## LATEX ADAPTS TO THE SHAPE OF THE BODY

Thanks to its flexible structure, latex provides the most proper support for your baby. It does not contain harmful chemicals.

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#### **PLAYGROUND SERIES** MIYO PLAYGROUND MATTRESS

The Miyo playground mattress, which can be used as both, a sleeping and playground mattress with its lightweight, portable feature, is made of harmful chemical-free materials. It accurately supports your baby's spine development with its high volume foam, while its high-weight fabric wraps around your baby's body, offering a safe and comfortable sleeping environment.





Both, a Playmate and a Sleep Friend of Babies with Foam, Supporting The Spine Development...

















#### **HYGIENIC SLEEP ENVIRONMENT**

Removable and washable cover can be washed in the washing machine at any time to prevent contamination of the mattress.



#### **HIGH VOLUME VISCO**

It accurately supports your baby's spine development.



#### LIQUID-PROOF FABRIC

Liquid-proof membrane fabric provides babies with a hygienic environment.



#### PLAYGROUND SERIES | LILY PLAYGROUND MATTRESS

Lily playground mattress reduces the risk of the baby being breathless when lying face down with high air permeability while creating a natural sleeping environment with cotton filling. Milky fabric obtained from milk fibers regulates the baby's sensitive skin moisture level. Lily is ideal for both, sleep and leisure hours with its special washable fabric.





With Breathable Milky Fabric and Cotton Filler, Your Baby Is Playing and Sleeping Very Comfortable!













Double-sided use





COMFORT OF MILKY FABRIC Milky fabric, that lets the skin breath.



HYGIENIC SLEEP ENVIRONMENT Lily provides a hygienic sleep environment

with its washable cover.



#### LIQUID-PROOF FABRIC

Liquid-proof membrane fabric provides babies with a hygienic environment.



#### **NEWBORN SERIES** | FIRST DREAM BABY MATTRESS

The First Dream mattress, which surrounds your baby like a small nest and allows it to sleep safely, stands out with its ability to be easily carried and used anywhere. Made entirely of harmless and safe raw materials for your baby, the First Dream provides easy cleaning thanks to its zippered and removable





So That Your Baby Can Sleep Safely and Be Always With You...



















#### **SAFE WITH LOCK SYSTEM**

Provides a safe sleeping environment by preventing your baby from getting out and falling off the mattress with the safety lock at the bottom.



#### LIGHTWEIGHT AND PORTABLE

First Dream can be used in the cradle, bedstead, stroller, car, playground, parents' bed or during your visits due to its lightweight and easy portability.



#### **HYGIENIC SLEEP ENVIRONMENT**

Zippered and removable cover allows easy cleaning.



#### **NEWBORN SERIES** JUNO BABY MATTRESS

Thanks to its high head area, Juno helps to maintain the natural head shape while preventing acid reflux, which is one of the most important health problems of newborn infants. The abdominal band featured in the design of the Juno Mattress, provides a comfortable and safe environment without preventing freedom of movement from the birth of your baby until it begins to turn by itself.





Comfortable and **Quality Sleep** To Your Newborn Baby...

















#### **HELPS TO PREVENT ACID REFLUX**

Provides your baby with a peaceful and comfortable sleep environment while helping to prevent colic pain and acid reflux formation seen in newborn babies.



#### **SPECIAL ABDOMINAL BAND THAT KEEPS** YOUR BABY IN THE RIGHT POSITION

Juno comforts your baby without preventing its freedom of movement. Abdominal band can be used until your baby starts turn by itself from its birth.



#### **CARRY YOUR BABY EVERYWHERE**

Juno embraces your newborn baby so it can sleep safely. It can be used in the cradle, bedstead, stroller, car, playground, parents' bed or during visits.

## Offering Solutions to Every Need of Mothers,

## **The Largest Collection of Sleep Products is in** Yataş Mini!

Yataş Mini offers a wide range of baby mattresses shaped by different materials and technologies, as well as a large collection that offers solutions to every need of mothers.

From pillows, quilts produced with the highest quality technologies, practical changing cushions, playpen beds and fun duvet cover sets, everything you're looking for when it comes to sleep is in Yataş Mini...



# cleanped

#### MEDICAL SERIES | CLEANPED BABY MATTRESS

Cleanped provides a liquid-proof hygienic environment, while protection curves provide safety for your baby. Without restricting your baby's freedom of movement, the abdominal band that keeps it in the right position makes it easier to change the nappies. Cleanped's cover is also washable.





Hygienic a and Practical Baby **Changing Cushion** 

















Cleanped changing cushion creates a hygienic environment for your baby with its liquid-proof fabric.



#### ABDOMINAL BAND THAT KEEPS YOUR BABY IN THE RIGHT POSITION

It has an abdominal band that helps your baby stay in a stable position without restricting freedom of movement.



## **SUPPORT\* FOAM SUPPORTING**

Supports spine development with Support\* foam structure that supports the spine, suitable for the newborn babies.



#### **HANDY SERIES** BABYGO FOLDING MATTRESS WITH CARRYING BAG

Babygo, which is a folding portable mattress with carrying bag, allows your baby to sleep soundly or play in a large play area wherever you go. Babygo is your baby's comfortable sleep companion and





### Sleep or Play on This Folding Mattress With A Carrying Bag

















#### FOLDING MATTRESS DESIGN

Thanks to its folding structure, Babygo allows you to take your baby's mattress wherever you go.



#### **COMES WITH A BAG**

You can put the folding mattress in its bag and take it wherever you want easily.



#### **CHANGING PAD INCLUDED**

Thanks to its changing pad, Babygo can be used both as a mattress and as a



#### **HANDY SERIES** ATTA PORTABLE BABY MATTRESS

Atta Baby Mattress, designed in accordance with the physiological needs of new-born babies, supports the physical development of babies by providing support towards the spine with the bead fibre filling contained in it.





Portable and Comfy Newborn Baby Mattress









**SPECIAL INCLINED DESIGN** 





**EASE OF CARRYING** 

Easy to carry with the handle in the head area.



#### **HYGIENIC SLEEP ENVIRONMENT**

The fully washable Atta provides a hygienic sleeping environment for the little ones.



the Move-Up Master Base!! 22



Adjustable Bed Sets

## Move-Up Master

Experience something brand new with the Move-Up Master Mattress that offers perfect sleep experience and comfort together by using the most advanced bedding technologies in the world. Move-Up Master, equipped with a motor which enables 5 zones to move separately, will offer unprecedented comfort.

Adjustable Bed Sets

## Move-Up Master

With help of the motor that enables 5 zones to move separately, the Move-Up Master base can be adjusted to a favourable position and helps your body to be shapely, healthy and in form. It provides not only optimal environment and personal comfort in activities such as watching TV, reading, it also helps to eliminate physical disadvantages that can occur with increasing age. The movable head, neck and back zones facilitate sitting, straightening up or getting up.

#### **Move Up Master Base** 5 Separate Moving Zones



#### HEAD

Set at waist level, it provides an effective solution for disorders such as reflux and sleep apnea. Silent operation ensures uninterrupted sleep.



#### NECK

Provides a healthy and comfortable sleep thank to its anti-snoring position setting.



#### WAIST

Distributes your body weight evenly; helps prevent waist pains and muscle spasms.



#### BVCK

Straightens your spine recover by keeping your back in an upright position



#### FFFT

Adjustable feet and head zones help for a healthy rest and regulation of the blood circulation.



#### Easy to ensconce thanks to the Pull Back mechanism

With the Pull Back mechanism, when the head zone of the mattress is lifted, the mattress slides back automatically without you having to pull it. By this means, you can put the Move-Up Master against the wall. In addition, thanks to this mechanism the furniture next to the mattress stay close to you, you can easily reach the desired furniture from the mattress and enjoy comfort at the highest level.



## Control your mattress with the remote controller!

You can set your Move-Up Master
Base to a desired position by
controlling it with its controller.
You can use the torchlight feature in the
controller and experience the privilege of
making comfort essential in your life.

Storage Bed Dimensions - cm -
90x200
100x200

- cm -	
90x200	
100x200	
120x200	
160x200	
180x200	

200x200

Mattress Dimensions - cm -	
80x200	
90x200	
100x200	
120x200	

#### "Excellent combination of pleasure and comfort."



Adjustable Bed Sets

## Move-Up Tetra

Move Up Tetra Base is a highly comfortable solution that will bring pleasure and make you forget tiredness and physical discomfort.

## Move-Up Tetra

Enjoy a brand new experience with the Move-Up Tetra Base that offers perfect sleep and comfort together by using the most advanced bedding technologies. Powered by a motor that enables 4 zones to move separately, the Move-Up Tetra base will provide essential comfort into your life.

#### **Move Up Tetra Base** 4 Separate Moving Zones



#### HEAD

Adjustable from waist level, prevents the occurrence of reflux and sleep apnea.



#### **WAIST**

Balances the body weight evenly, helps with the prevention of waist and muscle spasms.



#### BACK

Provides an upright position for your back and helps your spine to straighten.



#### FEET

Adjustable head and feet zones enable a healthy rest and regulate blood circulation.



#### The comfort brought by Adjustable base

Move-Up Tetra base is equipped with an moving mechanism and silent function which provide ideal environment and personal comfort when you read or watch TV.

It also facilitates the prevention of physical handicaps occurring at older ages. The movable head and back zones facilitate sitting, straightening up or getting up.



## Manage your base via Remote control!

You can adjust the Move-Up Tetra base's position at your pleasure via the remote control. You can also use the flashlight function of the control and enjoy essential comfort yet again.

Storage Bed Dimensions - cm -
90x200
100x200
120x200
160x200

180x200 200x200

Mattress Dimensions - cm -
80x200
90x200
100x200
120x200

#### "Ideal choice for optimum sleep comfort"



#### Vita

The Vita Boxspring refreshes the body overnight, providing optimum support thanks to a double heat-treated DHT spring system in its base and pocket springs within the mattress. With its comfort enhancing and breathable structure, the HR topper makes your body relax and increases your sleep comfort.



#### **Prolong the Life of Your Mattress**

**DHT Spring Technology** 

The base of the Vita boxspring consists of DHT springs developed by Yataş Bedding and its more than 30 years of experience in steel spring production. Unlike the standard Bonell springs, the durability of DHT springs increased with double heat treatment. The DHT springs, which is a spring system exclusive to Yataş Bedding, distribute the body weight evenly to all springs, maintaining their quality for years without any deformation. As a result of international durability tests, the measured height loss and deformation are little if any.



#### An important addition to comfort

**HR Foam** 

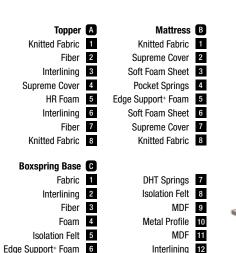
HR foams are high-comfort foams that can provide the accurate support to the spine. The most important feature is that it can maintain its fastresponding and fast-recovering form for years. Thanks to the high breathing ability, they offer a refreshing sleeping environment.

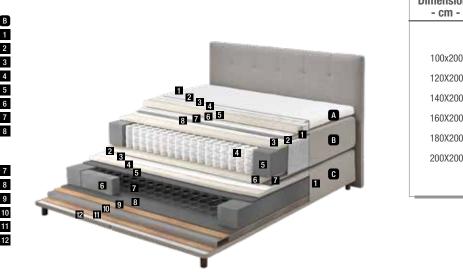


#### **Smart Support**

**Pocket Spring Technology** 

Individually packaged and independently functioning springs provide excellent adaptation to different body types and provide accurate spinal support by supporting body folds. In the Pocket Spring System, each spring operates separately, so the partners are not affected by each other's turning movements.





Mattress **Dimensions** - cm -100x200 120X200 140X200 160X200 180X200 200X200







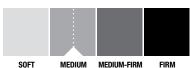


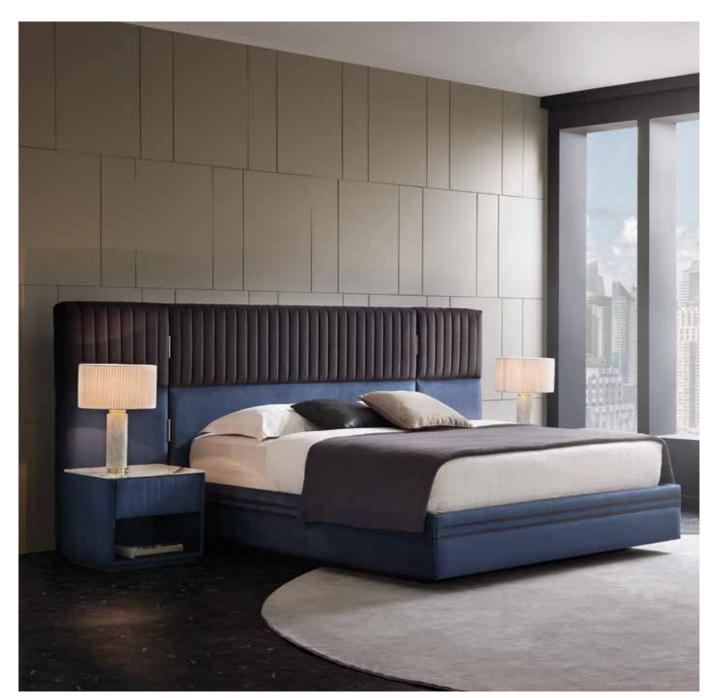






#### - Mattress Support Rating -





Base with Headboard

### Venezia



Storage Bed Dimensions - cm -

> 150x200 160x200 180x200 200x200

Contemporary Design with Original Details Venezia Storage Bed Set, which stands out with its stylish design and creates a high-level aesthetic beauty with its modern style, creates contemporary bedrooms with its functional features.



Base with Headboard

### Grande

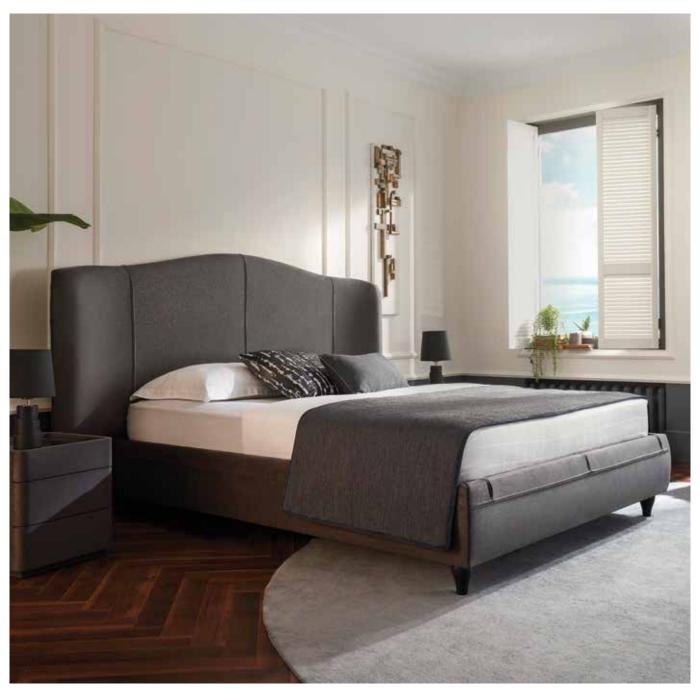
Storage Bed Dimensions - cm -

> 150x200 160x200 180x200

200x200

Offering a magical touch to your bedroom with its special design, Grande Storage Bed Set will be the new indispensable selection thanks to its aesthetics and its spacious volume.

- Stainless and rust free, inner steel construction.
- Shock absorbers and scissors reinforced with safety locks to ensure the safety of you and your children



Base with Headboard

### Camira



Storage Bed Dimensions - cm -

> 150x200 160x200 180x200 200x200

Standing out with its modern design line, the Camira Storage Bed Set combines aesthetics and functional details, that make life easier. While it offers useful storage areas with its large internal volume, it provides ease of cleaning with its high leg structure. Camira headboard, which can appeal to different styles with leather, woven and velvet fabric alternatives, also attracts with its stylish headboard design.



Base with Headboard

# Sophia



Creating a unique aesthetic with its distinctively designed headboard, Sophia Storage Bed Set can be used with different decoration styles thanks to its simple and natural look. It provides ease of cleaning with a removable headboard cover suitable for dry cleaning, while creating more storage space with its large internal volume.

#### Storage Bed Dimensions

- cm -

90x190 100x200 120x200 140x190 140x200 150x200

200x200

160x200

180x200

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Base with Headboard

### Dafne

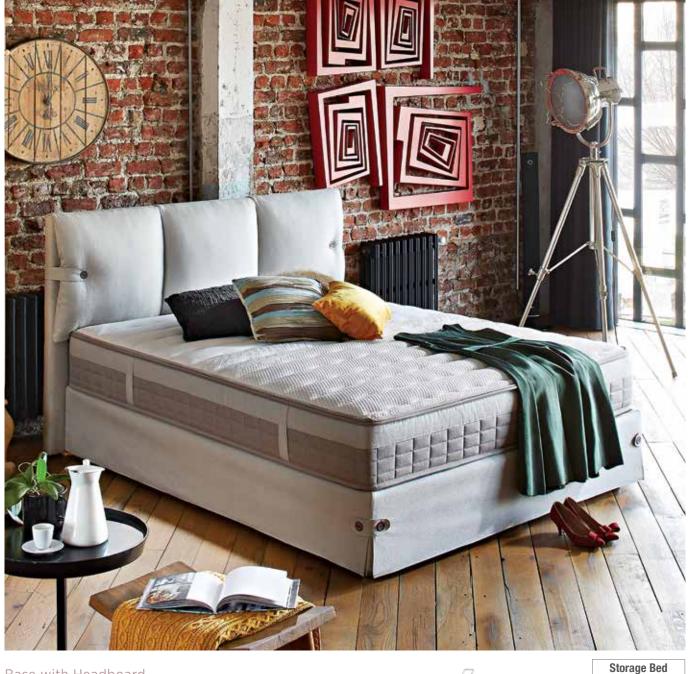


**Storage Bed Dimensions** - cm -

> 150x200 160x200 180x200 200x200

Combining modern style with a classic touch Dafne Storage Bed Set brings a fresh breath of air to bedroom decoration. It creates more space in your home while offering style and functionality together. Fabric and leather upholstery choices appeal to all tastes, and steel construction in the framework structure ensures long product life.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.



Base with Headboard

### Cool Natura

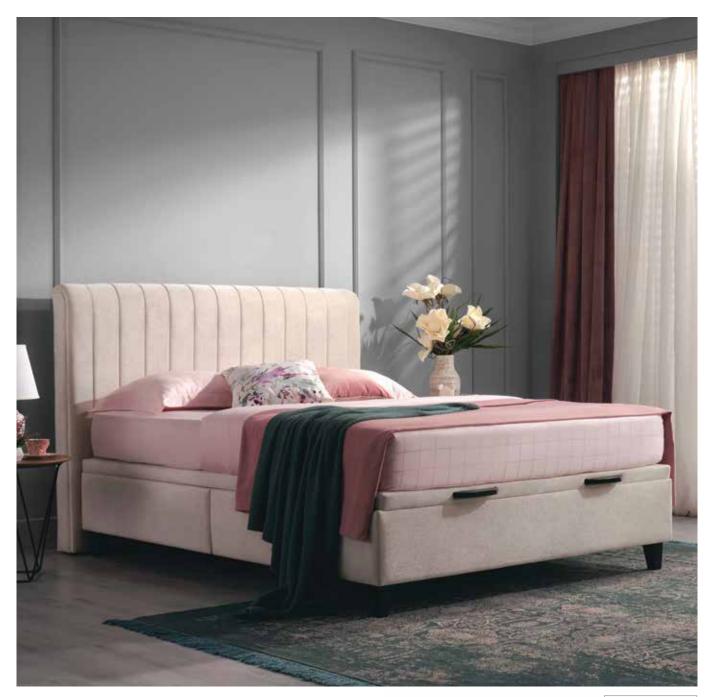
Cool Natura Storage Bed Set makes an impression with natural and stylish designs, providing alternative covers that can be removed.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.

- cm -90x190 90x200 100x200 120x200 140x190 140x200 150x200 160x200 180x200

200x200

**Dimensions** 



# Mega



Storage Bed Dimensions - cm -

> 140x200 150x200 160x200

The Mega base stands out with its very large internal volume, which maximizes the storage area in your home. The box part is not divided in two and for this reason, it allows you to utilize the entire storage area without interruption. The Mega base will add both, aesthetics and functionality to your bedroom with its harmonious and stylish design, that enables you to choose whatever you which among many different headboards.



Bases

### Lento



Thanks to its high leg structure special to its design, it allows cleaning without changing the location of your bed base, and also allows cleaning with a robot vacuum cleaner. Creating extra storage space with its large interior volume, Lento base provides the order you are looking for in your bedroom.

Storage Bed
Dimensions
- cm -
090x190
090x200
100x200
120x200
140x190
140x200
150x200
160x200
180x200
200x200

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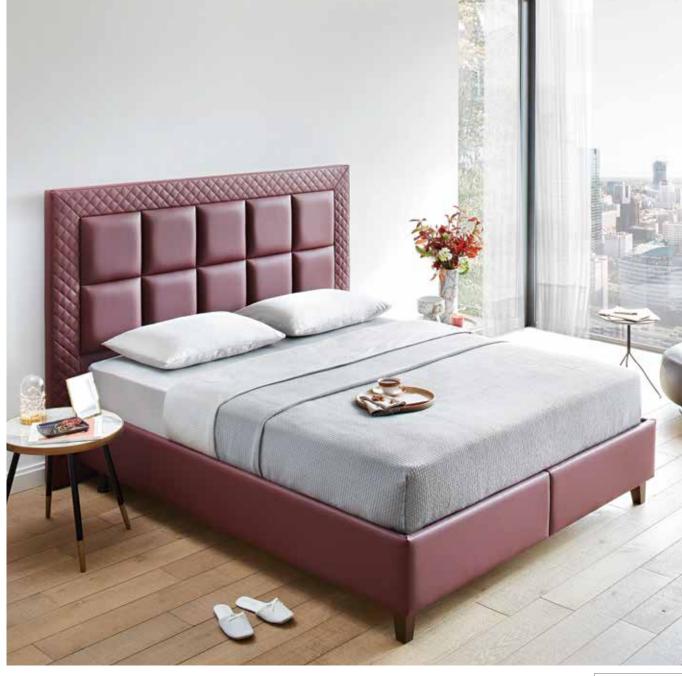
Bedframe

Suez



With its modern design combined with leather, linen, velvet and woven fabric options, Suez Bedframe creates harmonious decorative set-ups with many different headboard designs. It allows easy cleaning with its high leg design.

Storage Bed
Dimensions
- cm -
090x190
100x200
120x200
140x190
150x200
160x200
180x200
200x200



Bases

### Lisbon



With its modern style and high legs, the new Lisbon base that will change the ambience of your room and will be indispensable for many years thanks to its durability.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.

Storage Bed Dimensions - cm -

> 90x190 90x200 100x200 120x200 140x190 140x200 150x200 160x200 180x200 200x200



# Sidney

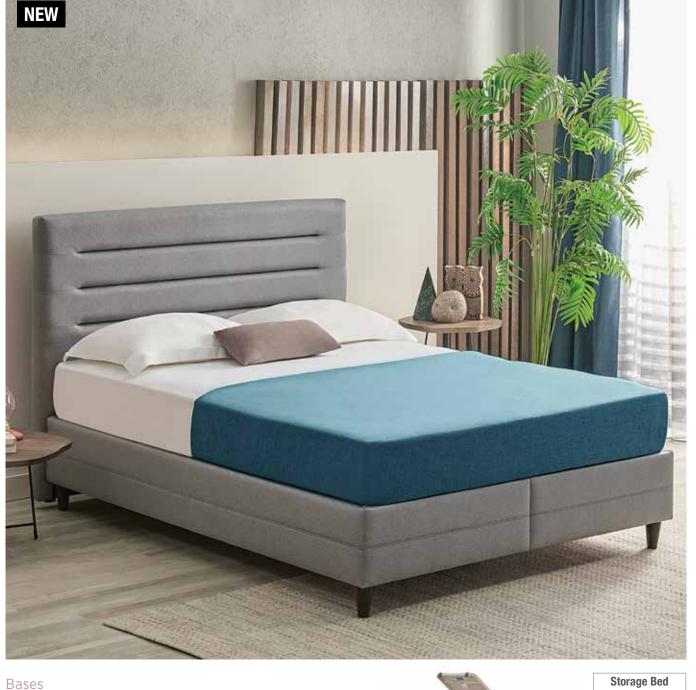


Sydney base will be the indispensable complementary furniture of your bedroom with its spacious storage and different colour options and alternating headboard applications.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.

Dimension
- cm -
90x190
90x200
100x200

120x200 140x190 140x200 150x200 160x200 180x200 200x200



# Supreme Pedic



Thanks to its high leg structure special to its design, it allo ws cleaning without changing the location of your bed base, and also allows cleaning with a robot vacuum cleaner. Creating extra storage space with its large interior volume, Supreme Pedic base provides the order you a re looking for in your bedroom. Combining its plain lines with functional and aesthetic design details, the Supreme Pedic headboard brings a sophisticated interpretation to the modern design concept.

Dimensions - cm -

> 90x190 90x200 100x200 120x200 140x190 140x200 150x200 160x200 180x200 200x200



## **New Conform Plus**



New Conform Plus base bed gives an elegant look to your room with various color choices, while high legs make it extremely easy to clean underneath without having to move it. It provides plenty of storage space with a large internal volume, and steel construction ensures long product life.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.

**Storage Bed Dimensions** 

- cm -90x190 90x200 100x200 120x200 140x190 140x200 150x200 160x200 180x200 200x200

Bases **Dream Line** 

NEW



Providing maximum usage advantage with its large storage area, Dream Line base of fers a functional solution to your bedroom. Dream Line base, whi ch has a simple, stylish and large storage area, will complement your bedroom with different color options and alternative headboard applications.

Storage Bed **Dimensions** - cm -90x190

90x200 100x200 120x200 140x190 140x200 150x200 160x200



# Supreme Sleep



Thanks to its high leg structure special to its design, it allows cleaning without changing the location of your base, and also allows cleaning with a robot vacuum cleaner. Creating extra storage space with its large interior volume, Supreme Sleep base provides the order you are looking for in your bedroom.

#### **Storage Bed Dimensions** - cm -

90x190 100x200 120x200 140x190 150x200

160x200 180x200 Bases Storage Bed

### Somni

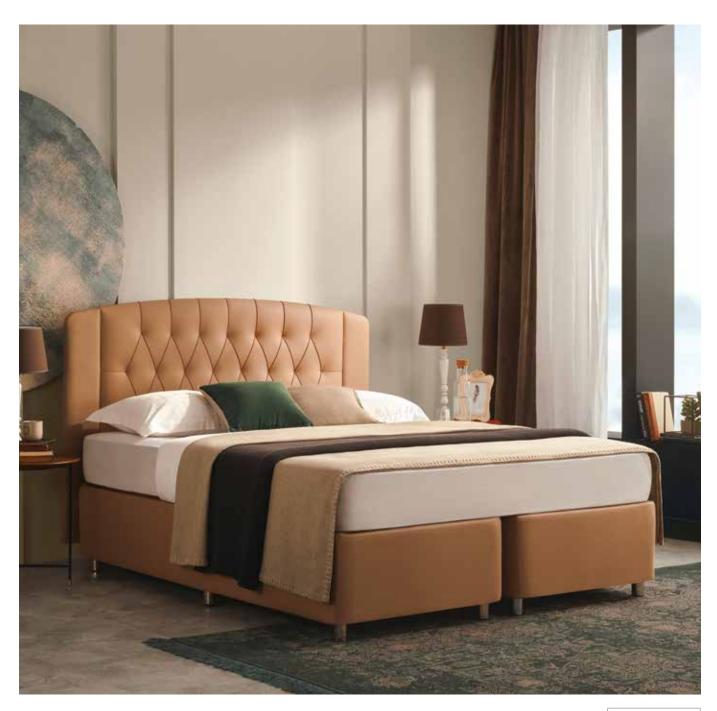


Somni base has a specially designed and patented internal structure and offers a more spacious storage space than its counterparts. It prevents the mattress from sliding over the storage bed.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.

**Dimensions** - cm -

90x190 100x200 120x200 140x190 150x200 160x200 180x200 200x200



### Bliss Twin



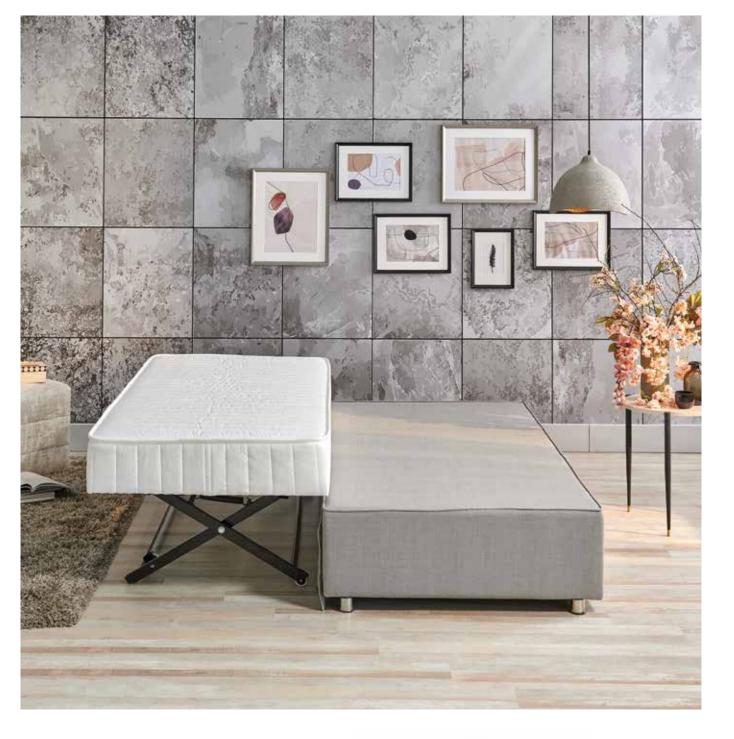
Designed without a box, the Bliss base allows you to use your mattress for many years without distorting its form.

- Steel construction internal parts do not rust or corrode.
- Shock absorbers and switches are supported with safety locks to ensure your and your children's safety.

#### **Storage Bed Dimensions**

- cm -

90x190 90x200 100x200 120x200 140x190 140x200 150x200 160x200 180x200 200x200



#### Appended Base

# Pop-Up



Storage Bed **Dimensions** - cm -

100x200

Thanks to the extra mattress, which appears out of its sliding frame, the Pop-Up Trund turns into a double or a single bed whenever you want, and it resembles you in living spaces. Thanks to its steel construction in the interior parts, which are reinforced with safety locks, have shock absorbers and switches that ensure the safety of you and your children, and do not corrode, it can be used for many years.





### Flexbed

The Flexbed with its foldable base and mattress maximizes functionality and meets different needs. The Flexbed is a special design for frequent sleep-overs or for living in narrow rooms. It needs just a little space with its foldable steel base and can be transported easily anywhere thanks to its wheels.

Storage Bed Dimensions - cm -

90x200





With its foldable base and mattress, the Flexbed maximizes functionality and meets the needs of those, who live in narrow spaces.



The Flexbed, which can be moved everywhere thanks to its wheels, can be opened easily with its special mechanism.



Thanks to the DHT spring system in the mattress design, it provides a comfortable sleep experience for all guests who stay for night.



### **HEADBOARDS**

A gorgeous collection that compliments the elegance of the bedroom with matching stylish and beautiful headboards for all tastes.



























































Sleep, which covers almost a one third of human life, is a regenerating process in which the body repairs itself and stores the energy it needs every day. The most important factor which determines the quality of regeneration of the body along with the quality of sleep is the conditions and how this process is experienced as much as the sleep itself.

Yataş Bedding, which is a leader in White Bedding products with its innovative design concept, invites you to a healthy, comfortable, uninterrupted and quality sleep experience with the largest collection of pillows and quilts in Turkey. With its standard designs that do not compromise on quality and durability, with Dacron® products, the medical series that support the healing process of the body and natural filling materials suitable for human health such as bamboo, cotton and camel feathers, each day Yataş Bedding continues to enrich its collection.

"All you need for a good night's sleep is Yataş Bedding..."





### [] yataş bedding

